

# NYSTRA's 26th Annual Multi-Day Conference In Person Schedule

March 27-March 29, 2022 Holiday Inn Saratoga Springs, NY

YOU MUST  
ATTEND BOTH  
PARTS OF A  
**DOUBLE SESSION**  
TO RECEIVE CEUs

## Sunday, March 27<sup>th</sup> 2022

<b>Daily Double</b>	<p><b>8:00am *Breakfast Served</b></p> <p><i>* 9:00 am – 10:30 am Welcome KEYNOTE #1</i></p> <p><b>Evolution Through Chaos: Emerging Stronger than Ever</b></p> <p><b>Anne Richard, CTRS</b></p>		
	<b>10:45am – 12:15pm</b>	<b>2:00pm - 3:30pm</b>	<b>3:45pm – 5:15pm</b>
<b>Win</b>	<p>Teaching Anger Management through Therapeutic Games and Programs #2</p> <p>Megan Concannon, CTRS, M.S. Ed.</p>	<p>Exploring shades of purple: Understanding deviant leisure and its importance for TR/RT #6</p> <p>Jason Page, CTRS</p> <p><b>Recorded session room **</b></p>	<p>Why we should think of tattooing as recreation and what this means for TR #10</p> <p>Jason Page, CTRS</p>
<b>Place</b>	<p>Enhancing Life Skills is a TR focus area? It is when we are talking about adaptive sports #3</p> <p>MaryJo Archambault, CTRS and Janet Connolly, CTRS</p>	<p>The Powerful Impacts of Self-Love in Mental Health #7</p> <p>Jessica Andrianos, CTRS and Shari Wall, CTRS</p> <p><b>DOUBLE SESSION</b></p>	<p>The Powerful Impacts of Self-Love in Mental Health #11</p> <p>Jessica Andrianos, CTRS and Shari Wall, CTRS</p> <p><b>DOUBLE SESSION</b></p>
<b>Show</b>	<p><b>Virtual LIVE session</b></p> <p>Wellness Recovery Action Plan a proactive and person-centered tool for recovery and wellness #4</p> <p>Marty Golub, CTRS</p>	<p>Navigating NY State Civil Service: Recreation Therapy Positions #17</p> <p>Kristin Russell-Miller, CTRS Kate Drader, CTRS</p>	<p><b>Virtual LIVE session</b></p> <p>New York State Recreation Therapy Licensure: Past, Present and Future #12</p> <p>Vinnie Bonadies, CTRS and Ray Archer, CTRS</p>
<b>Exacta</b>	<p>Leisure among contemporary Christian, Muslim, and Jewish minority groups in the United States #5</p> <p>Catherine Gooch, CTRS, Khadija Musa, Itzel Alonso, Emily Zuckerman, Shoshana Cohen, Mia Camhi, and Telden Lopes-Lotufo</p>	<p>Back to the Future: Using TR to Treat individuals with HIV/AIDS over the past 25 years #9</p> <p>Shane Howze, CTRS, Simona Diamantopoulos, Karen Wilkens, and Anthony Turner</p>	<p>What Is Your Personal and Professional Philosophy (A Self-Assessment) #13</p> <p>Jasmine Edwards, CTRS and Jeffery Schwartz, CTRS</p>

### **6:30pm The NYSTRA 26th Annual Awards Banquet**

*Come enjoy NYSTRA's rich history, while honoring the accomplishments of our Award Winners*

*Please come to enjoy a scrumptious dinner in the ballroom*

**Monday, March 28<sup>th</sup> 2022**

<b>Daily Double</b>	<b>8:00am *Breakfast Served* NYSTRA Membership Meeting</b>			
	<b>9:00am-10:30am</b>	<b>10:45-12:15pm</b>	<b>1:30 – 3:00pm</b>	<b>3:15-4:15 (60 mins session times)</b>
<b>Win</b>	Professional Boundaries in Recreation Therapy practice: Defining the Line #14  Terri R. Larson, CTRS and Janet Connolly, CTRS  <b>recorded session room**</b>	Cultural Competency in Healthcare #18  Jasmine Edwards, CTRS and Jeffery Schwartz, CTRS  <b>recorded session room**</b>	NCTRC Recertification & Specialization Area Designation: Continuing Professional Competence #22  Sue Lance, CTRS & Noelle Molloy, CTRS	NCTRC Certification Process #26  Sue Lance, CTRS & Noelle Molloy, CTRS
<b>Place</b>	COVID Process Group #15  Hannah Brown <b>DOUBLE SESSION</b>	COVID Process Group #19  Hannah Brown <b>DOUBLE SESSION</b>	Advocacy and the Elevator Speech: Tailoring your approach to a variety of populations #23  Susan Wilson, CTRS <b>recorded session room**</b>	Schizoaffective Disorder #27  Mary Pearson, CTRS <b>recorded session room**</b>
<b>Show</b>	Safe Talk Suicide Alertness #16  Gary O'Brien <b>DOUBLE SESSION</b> <i>Limited to 30 participants*</i>	Safe Talk Suicide Alertness #20  Gary O'Brien <b>DOUBLE SESSION</b> <i>Limited to 30 participants*</i>	Putting your best foot forward (STUDENT TRACK SESSION) #24  Jessica Andrianos, CTRS, Shari Wall, CTRS, Megan Concannon, CTRS, Laurie Penney McGee, CTRS, Leduc Lee, CTRS, and Jacqueline Dyke, CTRS	Animal Assisted Activities and Animal Assisted Therapy: Structuring Visits for Recreation Therapy Programs #28  Kristin Russell- Miller, CTRS
<b>Exacta</b>	<b>Virtual LIVE session 60-minutes**</b> Mindfulness Practices in Recreational Therapy: Implementation and Adaptive Strategies #8  Em Adams, CTRS	<b>60-minute session**</b> Reengaging the Adult learner in your Therapeutic Recreation Practices and Community Recreation Programs #21  Carolyn Franklin MEd, CTRS, CDP & Petula Alvaradous-Phillander, CTRS, MCHES, MPH	<b>Virtual LIVE session</b> New Jersey's Path to Recreation Therapy Licensure #25  Caitlyn Foelsch, MHA, CTRS, Pamela Griffin, MA, CTRS, & Dina Trunzo, CTRS	Scent-imental Journey: Using aromatherapy with a geriatric population #29  Dorothy Ferencik, CTRS <i>Limited to 20 participants*</i>

***6-9 PM - NYSTRA'S 26<sup>th</sup> Annual Hospitality Night  
Candy Bar, Appetizers, Photobooth, DJ, and much more!***

Tuesday, March 29<sup>th</sup> 2022

Tuesday, March 29 <sup>th</sup> , 2022	
9:00 am – 10:30am	10:45am – 1215pm Daily Double
Virtual Sessions on Your own	<p><i>General Session:</i> <b>NYSTRA ENDNOTE</b></p> <p>Creating Linkages for Peer-led Clinical Supervision in Recreation Therapy #30</p> <p>Jacqueline Dyke, CTRS</p>

***\*Please  
Advise\* that  
the schedule is  
subject to  
change  
  
It's Alive!***

On behalf of the NYSTRA Board of Directors,  
We would like to thank all who have helped to make NYSTRA's 26th Annual Conference a success!

**Please remember to:**  
RETURN your SIGNED CEU form to the NYSTRA Registration Desk  
Complete the session evaluations  
Complete the conference evaluation  
Check out of your hotel room  
Drive home safely!

See you in 2023!!!  
Your NYSTRA Co-Chairs

All live sessions and in person sessions marked as "recorded sessions" will be added to our youtube channel to be watched at your convenience

Please see virtual schedules on the following pages

NYSTRA 2022

# IN PERSON RECORDED SESSIONS

▶ EXPLORING SHADES OF PURPLE: UNDERSTANDING DEVIANT  
LEISURE AND ITS IMPORTANCE FOR TR/RT #6  
WITH JASON PAGE, CTRS

▶ PROFESSIONAL BOUNDARIES IN RECREATION THERAPY PRACTICE:  
DEFINING THE LINE #14  
WITH TERRI LARSON, CTRS AND JANET CONNOLLY, CTRS

▶ CULTURAL COMPETENCY IN HEALTHCARE #18  
WITH JASMINE EDWARDS, CTRS AND JEFFERY SCHWARTZ

▶ ADVOCACY AND THE ELEVATOR SPEECH: TAILORING  
YOUR APPROACH TO A VARIETY OF POPULATIONS #23  
WITH SUSAN WILSON, CTRS

▶ SCHIZOAFFECTIVE DISORDER #27  
WITH MARY PEARSON, CTRS

SESSIONS WILL BE RECORDED TO BE POSTED ON OUR  
YOUTUBE CHANNEL

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NYSTRA

# LIVE SESSIONS

March  
27th

10:45AM | 12:15PM

WELLNESS RECOVERY ACTION PLAN A PROACTIVE AND  
PERSON-CENTERED TOOL FOR RECOVERY AND WELLNESS #4  
MARTY GOLUB, CTRS

March  
27th

3:45PM | 5:15PM

NEW YORK STATE RECREATION THERAPY LICENSURE: PAST,  
PRESENT AND FUTURE #12  
VINNINE BONADIES, CTRS & RAY ARCHER, CTRS

March  
28th

09:00AM | 10:00AM

MINDFULNESS PRACTICES IN RECREATIONAL THERAPY:  
IMPLEMENTATION AND ADAPTATIVE STRATEGIES #8  
EM ADAMS, CTRS

March  
28th

1:30PM | 3PM

NEW JERSEY'S PATH TO RECREATION THERAPY LICENSURE #25  
CAITLYN FOELSCH, MHA, CTRS, PAMELA GRIFFIN, MA, CTRS, &  
DINA TRUNZO, CTRS

**ALL LIVE SESSIONS WILL BE  
RECORDED TO BE POSTED ON  
OUR YOUTUBE CHANNEL**

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# NYSTRA 2022 Conference LIVE sessions

USING ZOOM

3/27/22

10:45AM – 12:15PM

WELLNESS RECOVERY ACTION PLAN A  
PROACTIVE AND PERSON- CENTERED  
TOOL FOR RECOVERY AND WELLNESS  
#4

MARTY GOLUB, CTRS

**Meeting ID:**  
811 8116 7835  
**Passcode:**  
983758

3/27/22

3:45PM – 5:15PM

NEW YORK STATE RECREATION THERAPY  
LICENSURE: PAST, PRESENT AND FUTURE  
#12

VINNIE BONADIES, CTRS &  
RAY ARCHER, CTRS

**Meeting ID:**  
852 3329 6562  
**Passcode:**  
508483

3/28/22

9:00AM-10:00AM

MINDFULNESS PRACTICES IN  
RECREATIONAL THERAPY:  
IMPLEMENTATION AND ADAPTATIVE  
STRATEGIES #8

EM ADAMS, CTRS

**Meeting ID:**  
882 7117 2102  
**Passcode:**  
731713

3/28/22

1:30 – 3:00PM

NEW JERSEY'S PATH TO RECREATION  
THERAPY LICENSURE #25

CAITLYN FOELSCH, MHA, CTRS,  
PAMELA GRIFFIN, MA, CTRS,  
& DINA TRUNZO, CTRS

**Meeting ID:**  
836 7261 8135  
**Passcode:**  
047203

See the full schedule and brochure at  
<https://nystra.org/annual-conference>

All live sessions will be posted on the NYSTRA  
youtube channel