

# 16th Annual NYSTRA Multi-Day Conference

Holiday Inn Saratoga Springs  
March 26-29, 2011



**NEW YORK STATE THERAPEUTIC RECREATION ASSOCIATION**

## A MESSAGE FROM THE CONFERENCE PLANNING COMMITTEE

Welcome to the 16<sup>th</sup> Annual NYSTRA Multi-Day Conference. We are happy that you have decided to share our Sweet 16 with us in beautiful Saratoga Springs NY.

This year we are planning to not only celebrate our accomplishing this milestone, but also look to the future and decide where our profession is leading us. To accomplish both of these goals, we have done two things. First, we have planned a schedule of thought provoking and educational sessions. We hope these sessions allow you to take away the knowledge and ideas necessary to expand the profession of TR in this drastically different healthcare Environment.

On the flip side . . . . . we have also planned a full schedule of Banquets, Socials, and Networking Events that will afford us the opportunity to enjoy ourselves. We deserve it!

A Big THANK YOU to everyone who has helped us pull this event together. Your effort has made this conference possibly the BEST conference to date.

It should be . . . . . IT'S OURSWEET 16!!!!

We look forward to seeing you in March!

Lorrie Prescott, MEd, CTRS

Thomas McDonald, MPH, CTRS

Conference Committee Co-Chairs

# 2011 Conference Committee

## CONFERENCE CO-CHAIRS

Lorrie Prescott, MS Ed, CTRS & Thomas McDonald, MPH, CTRS

## PROGRAM CO-CHAIRS

Lorrie Prescott, MS Ed, CTRS & Thomas McDonald, MPH, CTRS

## REGISTRATION CO-CHAIRS

Steve Victory, CTRS & Robin Gallagher, CTRS

## HOSPITALITY CO-CHAIRS

Susan Colletti, CTRS

Lorrie Prescott, MS Ed, CTRS & Thomas McDonald, MPH, CTRS

## HOSPITALITY COMMITTEE

Susan Colletti, CTRS

## STUDENT LIASONS

Cathy-Ann Branker-Diamond & Natalee Stiles

## INTERNSHIP SPEED DATING COMMITTEE

Cathy-Ann Branker-Diamond & Natalee Stiles

Lorrie Prescott, MS Ed, CTRS & Thomas McDonald, MPH, CTRS

# NYSTRA 2010-2011 Board

**PRESIDENT:** Joanne Auerbach, CTRS

**PRESIDENT-ELECT:** Loretta Murray, CTRS

**PAST PRESIDENT:** Isabel Tiffen, CTRS

**TREASURER:** Denise Horton, CTRS

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Tameka Battle, CTRS

Beth Bentz, CTRS

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Heather Duke, CTRS

Thomas McDonald, CTRS

Gillian Mayson, CTRS

Lorrie Prescott, CTRS

Jason Schwab, CTRS

Natalee Stiles

# Saturday, March 26, 2011

**8:30a.m.-4:30p.m.**

**Full Day Training on the TTAP Method ®  
(Therapeutic Thematic Arts Programming) for Recreational Therapists  
Linda Levine Madori, Ph. D., CTRS, ATR-BC  
Professor, Fulbright Scholar, Researcher  
St. Thomas Aquinas College**

**\*\*\*LIMITED TO 40 PARTICIPANTS\*\*\***

This full day practice course will establish through an examination of neurobiology, learning theories and theme centered interaction model “ the how and why” of the TTAP Method™ success in the treatment of those individuals afflicted with early, middle and late stages of dementia.

The course will review the most recent neuroscience research findings coupled with the newest research conducted at Cornell University on the TTAP Method™. An in-depth discussion on how activities (both right and left brain) affect brain functioning and specifically what art therapy interventions have been found to enhance cognition and aide in socialization in all stages of Alzheimer’s disease will be analyzed from a Therapeutic Recreation perspective.

**\*\*There is an additional fee for this institute\*\***

**12:30p.m.-4:30p.m.**

**Well-Tuned: Music Players for Health  
An In-Depth Look at the Use of Digital Music Technology  
Daniel J. Cohen  
Executive Director  
Music and Memory**

iPod-based personalized music offers Recreation Therapists and their residents numerous benefits. It allows you to extend and enhance the music that has the most impact on mood and behavior, regardless of one’s physical or cognitive status. This course will bring you up-to-date on how iPods are being used today in leading faciities around the country to increase socialization, reduce depression, and keep people connected with who they are. Participants will learn how to go about setting up their own program.

**\*\*There is an additional fee for this institute\*\***

# Sunday, March 27, 2011

8:00a.m.-9:30a.m.- Continental Breakfast

9:30a.m.- 11:00a.m.

## Session #1

### **Keynote: Giving the Gift of Leisure Through Use of Cherished Values**

**Adrian McInman**- *Motivational Speaker and Clinical Psychologist (Australia)*

Researchers will tell you optimism facilitates thriving, enhances happiness, and impacts positively in ways you will never know. However, to succeed in difficult times requires more than uttering catchy cheerleading statements. To give the gift of leisure with a smaller budget requires not only optimism, but conversion of cherished values into effective goals and not falling into goal-setting pitfalls. Practical techniques to help you overcome your resistance to change, set goals on your most cherished values, and stay on track will lead to many awe-inspiring benefits.

11:15 a.m.-12:45p.m.

## Session #2

### **Therapeutic Use of Digital Music: Outcomes and Benefits**

**Daniel J. Cohen**- Executive Director of Music and Memory

Learn how personalized music is being used to improve therapeutic outcomes for many facility residents and why Recreation Therapists mainstream this approach. Personalized music will extend and enhance your impact on the quality of residents' lives. This evidence-based approach is the best way to respond to resident's love of music which, in turn, will allow your facility to secure a positive response to MDS 3.0 Section 0500 (B) and move towards more person-centered care.

## Session #3

### **How to Generate Change in Difficult Times**

**Adrian McInman**- *Motivational Speaker and Clinical Psychologist (Australia)*

To give your clients a leisure program that is equal to (or superior than) they are use to receiving with a smaller budget requires change. But is it realistic to expect you, other Recreation Therapists, and clients to change if research indicates that your reluctance to change is natural (and healthy) and the majority of people will simply not change their behavior? Although significant change is not quick or easy it can be facilitated by: tailoring strategies to the Stages of Change, reducing the focus on termination, stimulating changes that might occur simply with the passage of time, emphasizing the need to know change is necessary, utilizing WAR (Wanting to change, perceiving you are Able to change, and being Ready to change), feeding the power of the Pygmalion effect, using appropriate Processes of Change, ensuring helpers develop the personal characteristics needed to facilitate change, and most importantly focusing on one's most cherished values.

11:15 a.m.-12:45p.m. con't

#### Session # 4

##### **Golf as a Therapeutic Modality T-Golf Part 1**

**Chuck Veeder- Certified Master T-Golf Instructor** *Owner/Operator CV Golf*

This session will give the participant the knowledge and hands on training with the T-Golf® System to utilize the equipment within a rehabilitation setting. The session will describe the T-Golf® Method of teaching, utilizing the T-Golf® System not only on the golf course but inside and in a variety of treatment settings (Rehabilitation Centers, Nursing Homes, Assisted Living, Schools, Community Recreation, etc.), information and use of other adaptive equipment to help make individuals successful, and techniques for teaching individuals with varying disabilities.

This is a hands on and active session. Participants will be going through the drills themselves as well as teaching what you have just learned. Upon completion of this session the participants will not only have the hands on training, but will become certified as T-Golf® Instructors.

**\*\*\*LIMITED TO 15 PARTICIPANTS\*\*\***

**\*\*This is a double session which results in certification. You must attend both sessions.**

An additional \$20 is required for this institute to cover the certification fees payable to the instructor for class materials.

Information will be available for specialized equipment, and a special price will be offered for the T-Golf® System for anyone that attends the session

#### Session #5

##### **Adaptive Zumba**

**Karen Nash, M.S. CTRS, Zumba Instructor** – *Director of Therapeutic Recreation Gurwin Jewish Nursing and Rehabilitation Center*

This session will introduce Zumba and explain the basics for making exercise appeal to all ages and cultures.

#### Session #6

##### **Understanding Erik Erikson's Developmental Stages**

**Jeremy Cash, CTRS, Lecturer** – *Professor St. Joseph's College*

This presentation will examine Erik Erikson's developmental stages. The specific focus will be on what recreational programs will help clients resolve developmental conflict, at all of Erikson's eight stages. This will be an interactive program. Participants will break down into groups to formulate recreational programming that will foster positive outcomes at each stage of development.

12:45p.m. - 2:00p.m.- Lunch/ NYSTRA Membership Meeting

2:00p.m.-3:30p.m.

**Session #7**

**“Get Ahead Group”**

**A Cognitive/communication, interdisciplinary program for neurologically impaired patients.**

**Allan Benezra, CTRS** *TR Supervisor Burke Rehabilitation Hospital*

**Dora Granato SLP** *Speech Therapist Burke Rehabilitation Hospital*

What do you get when you mix a CTRS with a SLP (Speech Language Pathologist)? A dynamic and successful program meeting the needs of stroke patients.

**Session # 8**

**Can I Wear Jeans To The Interview?**

**Mat Gold, CTRS** *Director of Recreation Therapy NYS Psychiatric Institute*

This session will explore how job seekers (and students looking for field placements or volunteer placements) should present themselves during an interview. The “do’s” and “don’ts” of being interviewed will be discussed from the manager’s perspective.

**Session #9**

**Golf as a Therapeutic Modality T-Golf Part 2**

**Chuck Veeder- Certified Master T-Golf Instructor** *Owner/Operator CV Golf*

See Session 4 for description.

**\*\*This is a double session which results in certification. You must attend both sessions.**

An additional \$20 is required for this institute to cover the certification fees payable to the instructor for class materials.

Information will be available for specialized equipment, and a special price will be offered for the T-Golf® System for anyone that attends the session

**Session # 10**

**“Something Old, Something New, Something Borrowed, Something True”: Using the Eight Approaches to Programming for Planning Effective Activities for the Dementia Client at All Stages.**

**Melissa Goldstein, CTRS , CDP** *Broadlawn Manor Nursing and Rehabilitation*

Presentation will discuss the use of clinical outcomes such as evidence-based practice, active treatment and outcome oriented (“old”), as well as personal growth outcomes such as person-centered, strength based and inclusion (“new”) and identify these practices in the activities used for dementia clients in a long term care setting. Presenter will demonstrate how to plan and implement activities for the dementia client by “borrowing” several concepts from the Allen Cognitive Model, thus using a capability-based approach to programming. This session will illustrate how to use tried and “true” activities that can be modified and/or adapted to ensure the dementia client at all stages is provided with activities that are both therapeutic and meaningful to the individual.

**2:00p.m.-3:30p.m. Continued**

**Session #11**

**Assessing Functional Skills Through Table Games**

**Janice Leich Monroe, Ph.D, CTRS** *Associate Professor Ithaca College Dept. of Recreation and Leisure Studies*

Table games are an effective means of assessing and improving the functional abilities of individuals with disabilities. This interactive session will enable participants to apply the process of activity and task analysis as a means of developing assessment tools for measuring functional abilities and establishing outcome measures utilizing common table games.

**3:45p.m.-5:15p.m.**

**Session #12**

**For Your Income, We've Got Outcomes**

**Mary Jo Archambault, MS, CTRS** *RT and Adjunct Professor*

**Terri Larson, CTRS,** *TR Practice Leader*

**Janet Connolly, MS, CTRS,** *Adaptive Sports & Community Program Manager*

Every Therapeutic Recreation professional should be concerned about outcomes. It is the proof that the services delivered to each client are appropriate, safe and effective. This presentation will challenge attendees to think outside the box when establishing and measuring outcomes. Participants will be presented with outcome measures specific to the Therapeutic Recreation Profession and will be supported in creating a plan specific to their individual scope of service which can be taken back and put into practice.

**Session# 13**

**Grant Proposals: Finding The Funds For Today's Bare Budgets**

**Ron Becker, CTRS** *Director of Therapeutic Recreation Services Coler-Goldwater Specialty Hospital and Nursing Facility*

Programming, staffing, materials, new programs may be out of the question if your budget continues to shrink. There are options to increase funding support through grants and funding proposals. This session will provide information on: types of grants, funding resources, parts of a grant, how to create a proposal that clarifies your needs and projected outcomes, post award obligations and marketing/PR to enhance your chances of an award.

**Session #14**

**Enhancing TR Services and Involvement in Interdisciplinary Team Approach**

**Pat Frangella, CTRS** *Assistant Director of RT and Co-Program Manager of CVA Program- Allied Services Rehabilitation Hospital- Scranton, PA*

This session will describe the process of a Physical Rehab TR department's evolving services, technologies, approaches for TR, and how these services have played a role in enhancing the interdisciplinary team approach and presence of TR within the Rehab setting.

**3:45p.m.-5:15p.m. Continued**

**Session # 15**

**Cooperative Community Connection Challenge**

**Jay Cole, CTRS** *Activity Therapist Crouse Hospital, Chemical Dependency Treatment Services*

**Ricky Thomas Brown, CTRS, CASAC, ADT**

Participants in this session will learn to facilitate an interactive group activity challenge that promotes cohesion and unification of its participants to collectively work together toward a common goal.

**Session # 16**

**The Electronic Medical Record (EMR) and Its Impact on TR**

**Tameka Battle, MA, CTRS, CDP** *Four Seasons Nursing and Rehabilitation Center*

Many facilities across NYS and America have transitioned from paper to technology. The EMR can make life easier for all disciplines, especially TR. With the implementation of EMR, the role and tasks of the CTRS are being affected in the areas of Documenting Intervention Services, Organizing Programs and Managing TR/RT Services.

**Monday, March 28, 2011**

**9:00a.m.-10:30a.m.**

**General Session - Session # 17**

**The Role of Therapeutic Recreation in Achieving the Goals and Objectives of Healthy People 2020**

**Kirstin F. Impicciatore, MEd., CTRS** *Chair, Therapeutic Recreation Utica College*

Healthy People 2020 is the fifth implementation of a national initiative to promote health and prevent disease. The objectives are created through a collaborative process based on scientific evidence and the input of thousands of citizens from a broad base of knowledge. There are thirteen new topic areas in which therapeutic recreation practitioners and organizations can have a positive influence on outcome achievement. Additionally, Healthy People 2020 provides many resources that participants will find useful to their own practice.

10:45 a.m.-12:15p.m.

### **Session #18**

#### **Play! A Conversation About a Book by Dr. Stuart Brown and It's impact on TR Practice**

**MaryBeth Pozzuto, BS, CTRS** *Manager of Therapeutic Recreation NY Presbyterian Hospital*

**Vincent Bonadies, MS, CTRS** *Director of Therapeutic Recreation Beth Abraham Health Services*

Come join us as we discuss the importance of Play from a clinical perspective. Dr. Brown's book examines how Play "shapes the brain, opens the imagination and invigorates the soul". As Recreation Therapists let's share this fundamental aspect of our profession...do we practice what we teach?

Dr. Stuart Brown is a medical doctor, psychiatrist, and clinical researcher. He is founder of the National Institute of Play. Join us for a "coffeehouse" atmosphere in which we conduct another of NYSTRA's book chats.

**\*\* Please read this book prior to the conference for maximum participation\*\***

### **Session #19**

#### **Cognitive Remediation- Using computer based programs to improve functional outcomes in a Psychiatric setting.**

**Mandi Morrone, CTRS** *NYS Psychiatric Institute*

Participants will use a hands-on approach in implementing a cognitive remediation program. Learn to perform initial assessments and analyze results; develop a plan with person served; implement session using specific games chosen; and process learned material with person served re: cognitive skills used and their application to daily functioning.

### **Session #20**

#### **Sample Milieu Based Behavioral Management Program on an AIDS Dementia Unit**

**Janet Larghi, CTRS** *Schulman & Schachne Institute for Nursing and Rehabilitation*

**Erin McGrady, CTRS** *Schulman & Schachne Institute for Nursing and Rehabilitation*

Presentation will address the design and implementation of an interdisciplinary behavior management program for use on a special care unit, including design and use of group based interventions, as well as milieu based interventions. From group rules, to behavior based prompts, the two CTRS program designers will walk participants through all the steps from assessment of need to implementing the program. While this program was designed for an AIDS Dementia Special Care Unit, it has implications for varied populations with behavioral issues.

### **Session #21**

#### **Health Related Programming in TR**

**Dr. Robin Kunstler, Professor** *Lehman College*

With the ongoing and increasing focus on disease prevention and health promotion, TR specialists can fill a critical role in providing programs that have direct physical and mental benefits. The range of health-related programming including benefits, risk management and TR leadership guidelines for use in any setting will be presented as well as relevant research findings to justify programs.

**10:45 a.m.-12:15p.m. Continued**

Session #22

**Recreation Therapy Promotes the Mental Health Of Older Adults**

**Beth Bentz, CTRS, ADPC VA Medical Center**

This session will cover Mental Illness-Myths and Facts, Mental Health Disorders, Working with Challenging Behaviors, Aging, Death, and Dying, Caregivers Needs, Wellness and Healthy Living, Therapeutic Interventions, Designing a Recreation Program to Promote the Mental Health of your Clients.

**12:15p.m. -1:45p.m.- Lunch**

**1:45p.m.-3:15p.m.**

Session # 23

**How to tell the difference between Frank Capra and Ridley Scott Part Deux**

**Heather Duke, CTRS Senior R.T. Five Points C.F.**

This session will focus on using various forms of media for programs in Therapeutic Recreation programs.

Session #24

**Snoezelen and the Multi-Sensory Environment**

**Kate Drader, CTRS**

**Katie Dyminsky, CTRS**

This presentation will introduce the use of Snoezelen and Multi-Sensory Environment (MSE) as a treatment modality that can benefit a wide variety of populations which may include but is not limited to dementia, psychiatrics, TBI, developmental disabilities, PTSD, stroke and pain management.

A Snoezelen Room or Multi-Sensory Environment (MSE) is a safe, non-threatening environment utilizing specialized sensory equipment while allowing participants to enjoy a wide range of sensory experiences. The controlled stimulation of the MSE can be beneficial therapeutic tool for increasing or decreasing levels of stimulation, improving focus and cognitive functioning, relieving stress and anxiety, and creating an environment which promotes feelings of safety, control and improved communication.

**1:45p.m.-3:15p.m. Continued**

Session #25

**Using Garage Band in Programming**

**Susan Wilson PhD, CTRS -Associate Professor SUNY Cortland**

Garage Band is a program within the Mac Platform that is used to develop Podcasts, slideshows and other applications. Podcasts have been used in a variety of settings for a variety of different programs including, introduction to therapeutic recreation services, leisure education, and explanation of various activities. This session will introduce participants to Garage Band and some of the places it can be used within TR programming. Participants will see a short demonstration on how to develop their own program with Garage Band. Participants should have access to a Mac computer to gain full benefit from this program.

## **Session #26**

### **What to offer when they won't come!**

**Jodi Adler, CPRP- Program Coordinator Recreation Southside Hospital**

This session will present individual and group activities to accommodate the needs of subacute residents staying in a skilled nursing facility. Participants will learn how to transition acute care patients and provide leisure services when they will be moving on to a place they may not call home.

**3:30p.m.-5:00p.m.**

## **Session #27**

### **Using Improv Theatre Games in a TR Setting**

**Joanne Auerbach, CTRS Director of Therapeutic Recreation Burke Rehabilitation Hospital**

Improv theatre games are entertaining and fun—but used in a TR setting they can promote a number of therapeutic outcomes--cooperative behavior, self-confidence, sequencing, cognition, and socialization. Participants at this session will learn by participation and discussion.

## **Session #28**

### **The People Watch Project: An Informal Dance Experience**

**Deb Silver, CTRS-Artistic Director Silco**

The People Watch Project invites the individual to observe movement and the human body from a new viewpoint. Learn how creating an environment where dance is more approachable can help engage clients in an activity that will target mind, body, and spirit. Come get up close to the inspirational, and often humorous, human form.

## **Session #29**

### **Let's Write! Incorporating Collaborative Playwriting into your Therapeutic Recreation Program**

**Chris Brigante, CTRS TR Consultant Island Nursing and Rehab Center**

Can five people write one play or skit? Give your clients the freedom to create even the wildest scenarios and let them take it wherever they want. While you facilitate creative writing, your groups will come up with plays ranging from ten sentences to ten pages, the sky's the limit. Throughout the process, clients learn role playing, group dynamics, and the delicate act of compromise. Learn some techniques for guiding your clients' imaginations and watching the program grow from skit writing to performing a play.

3:30p.m.-5:00p.m. Continued

**Session #30**

**MDS.3 – Options for Completing the Assessment Tool and Collaborating with Other Disciplines/  
Integrating Culture Change in the Assessment Process**

**Ron Becker, CTRS** *Director of Therapeutic Recreation Services Coler-Goldwater Specialty Hospital and Nursing Facility*

**Isabel Tiffen, CTRS** *Director of Therapeutic Recreation Margaret Tietz Nursing and Rehab Center*

Is completing the MDS.3 challenging and/or frustrating? Do you fill out the F section alone or with another discipline? Both approaches will be discussed with the challenges and how to address them. Integrating culture change into the assessment and care planning process from the MDS.3 will be shared, with tools to take back to your facility.

**Tuesday, March 29, 2011**

9:30a.m.-10:00a.m

**Session #31**

**The Therapeutic Uses of Literature Review**

**Chris Brigante, CTRS** *TR Consultant Island Nursing and Rehab Center*

Come participate in the reading and discussion of the Edgar Allan Poe classic “The Tell-Tale Heart”. Following the reading, engage in an animated discussion of the meaning behind the monstrous tale. Take away the knowledge of how to bring this classic yet forgotten activity back to your population.

**Session #32**

**Puppetry as Therapeutic Tool in Recreation Therapy**

**Veronica Kaninska, CTRS** *Center for Nursing and Rehabilitation & Brookdale Medical Center (SBSI)*

This session will cover how to use and implement puppets as therapy tools in a variety of settings for different populations including long term care facilities, hospitals, communities. Puppetry can combine a spectrum of implementations including therapy, humor, art, performance. Puppetry can be used as a boosting tool for many other therapy sessions including exercise, music, dancing, games and more. Puppets also are easy to make in case of budget shortage.

10:15a.m-11:45a.m

### **Endnote/Buffer Brunch**

#### **The Gift of Leisure, Our Right to Give and to Receive**

**Isabel Tiffen, CTRS** – *Director of Therapeutic Recreation Margaret Tietz Nursing and Rehab Center*

On December 2, 1948, the United Nations General Assembly adopted the Universal Declaration of Human Rights which stated in article 24, “Everyone has the right to rest and leisure”. This session will examine the right to leisure of all persons in our society and how our ever changing world has affected this right. We will incorporate demographic information, social, cultural and economic trends, our rapidly changing technologic society as well as new ideas and insights we’ve gained from this year’s conference, our own “gifts of leisure” to take home.

## **Conference Information**

### **Registration/CEU Desk Open:**

Saturday 7:00am-5:00pm

Sunday 7:00am-5:00pm

Monday 7:00am-5:00pm

Tuesday 7:30am-12:30pm - **Don’t forget to drop off your Evaluations!**

### **Continuing Education Units**

Application has been made to the American Therapeutic Recreation Association (ATRA) for Continuing Education Units (CEUs). Continuing Education Unit (CEU) credit is determined by the length of the presentation. For example, attendance at an hour and a half session will earn .15 CEU. The total of all sessions attended will yield the total CEU awarded for attending the 15th Annual NYSTRA Conference. The total CEU awarded will vary by participant according to the number of sessions attended. Please note that when there is a double session, a delegate must attend both parts of the double session to earn CEUs. NCTRC does not pre-approve any continuing education. NCTRC has not reviewed or approved the content of these materials and does not endorse or sponsor any of the activities of NYSTRA.

**There will be a \$10.00 registration fee for CEUs which will be paid with registration prior to the conference.**

Delegates will receive detailed instructions regarding the documentation of CEUs at the conference. However, you must have your CEU sheet with you for each session you are attending for CEU credit. You will be required to sign in at each session. You must **TURN IN** your CEU sheet **BEFORE** you leave the conference. You cannot get credits for sessions attended unless you turn in your sheet at the CEU desk.

**An official transcript will be processed and mailed to you within 6-8 weeks following the conference. Transcripts will be kept on file at the ATRA central office.**

# Resource and Vendor Exhibits

The NYSTRA Resource Committee invites you to submit materials for our Annual Multi-Day Conference. We once again plan on featuring a variety of information/topics related to our profession. Resource and vendor materials will be displayed at the conference at no cost. Throughout the conference, a few tables will be available for your display.

Audio/visual equipment will not be provided. However you may bring your own equipment. Please limit amount of resources to 3 boxes. Any facility, agency and/or organization interested in being a part of this networking venue should fill out the form below by **March 1, 2011** and email it to: **nystra2011@gmail.com** If you are not attending the conference, but would like to submit materials, email: **nystra2011@gmail.com** to make arrangements and send materials to the hotel no earlier than **March 17, 2011** (earlier shipments are subject to hotel handling fees) to:

**Holiday Inn**  
**(Attention: NYSTRA Conference 3/26-3/29)**  
232 Broadway  
Saratoga Springs, NY 12866

## RESOURCE AND AGENCY EXHIBIT REGISTRATION FORM

Name: \_\_\_\_\_

Facility/Organization/Agency: \_\_\_\_\_

Contact Person attending Conference: \_\_\_\_\_

Telephone# Day: Evening: \_\_\_\_\_

Date of Arrival: \_\_\_\_\_

Type of Resource, Description and Materials to be displayed:

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# Job and Internship Mart

To advertise a position or internship, information must be received by **March 1, 2010**

Please email the form below to:

**nystra2011@gmail.com**

## EMPLOYMENT OR INTERNSHIP

**Job/Internship Title:** \_\_\_\_\_

**Setting/Population:** \_\_\_\_\_

**Facility Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Contact Person:** \_\_\_\_\_ **Phone #:** \_\_\_\_\_

**Position Description:**

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**Position Requirements:**

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**Deadline for Application:** \_\_\_\_\_ **Starting Date:** \_\_\_\_\_

**CTRS Supervisor:** YES \_\_\_ NO \_\_\_

**Stipend Available:** YES \_\_\_ NO \_\_\_

**Housing Assistance Available:** YES \_\_\_ NO \_\_\_

**Salary Range:** \_\_\_\_\_

*~HOTEL INFORMATION AND AMENITIES~*

All of the guestrooms have been updated over the last two years. Standard features include rooms with a king size bed or two double beds, coffeemakers, phone with voice mail and data port, 50 channel cable service on a 25in. color television, hairdryers, irons and ironing board, and am/fm clock radios. Fifty of these rooms also have refrigerators and microwaves. Complimentary high speed internet access available.

Luxury class accommodations include all of the above plus upscale décor and linens, enlarged baths, two phone lines, in-room safe and VCRs. Choose from king or two queen size beds or king suites with kitchenettes.

**FEATURES**

**Bookmakers Restaurant and Lounge**

Open 7 days a week 6:30am-10:00pm

Serving Breakfast, Lunch and Dinner—Room Service Available

**Pools**

Indoor and outdoor heated swimming pools

Open daily 7:00am-10:00pm

**Exercise Room**

24 hour exercise room with treadmills, Stairmaster, bike and free weights

**Coin Laundry**

Located on first floor

**Services**

24 hour guest fax

Monday through Friday same day dry cleaning

Free on site parking

**Just a short stroll to Canfield Casino in Congress Park, the National Museums of Racing and Dance, downtown Saratoga Springs, and the Thoroughbred Racetrack.**

*~Directions~*

**Albany** - Follow signs for I-87 North towards Montreal for 25 miles, Take Exit 13N via ramp to US-9 and Bear right on US-9 heading North for 3.5 miles.

Holiday Inn is on the Right. **Buffalo/Rochester** – I-90 East to Exit 28 (Fultonville/Fonda) and take Rt. 30A North for 6 miles. Turn right on Rt. 29 heading east for 31 miles. Turn right on US-9 and head south for 3

blocks. Holiday Inn is on the Left. **Massachusetts/Connecticut** – I-90 East to Albany. Follow signs for I-87 North towards Montreal. Continue on I-87 North for 25 miles. Take Exit 13N via ramp to US-9 and Bear right on US-9 and go North for 3.5 miles. Holiday Inn is on the Right. **Montreal** – I-87 South to Exit 15 and Rt. 50.

Take Rt. 50 Southwest for 2.5 Miles. Holiday Inn is on the Left. **New York City** - I-87 North for 136 miles, Exit I-87 via ramp at sign reading "Exit 24 I-87 N / I-90 E to Albany / Montreal". Follow signs for I-87 North towards Montreal for 25 miles. Take Exit 13N to US-9 heading North for 3.5 miles. Holiday Inn is on the Right

**HOTEL REGISTRATION FORM IS AT THE END OF THIS PROGRAM. PLEASE SEND HOTEL REGISTRATION DIRECTLY TO THE HOTEL NOT NYSTRA.**

# HOSPITALITY EVENTS

**Sunday, March 27, 2017**

**5:30-6:00. – Internship Speed Dating**

Hey students...Come meet representatives from internship sites all across New York State. Make connections, ask questions & set-up your internship for the upcoming summer or fall.

**7:00p.m.-10:00p.m.- Awards Banquet-** It may be Sunday, but dress like it's Saturday night and come support/celebrate the award winners. Please...no jeans!

**Monday, March 28, 2017**

**5:30p.m.-6:15p.m. - ZUMBA** with Karen Nash - ZUMBA is a combination of Latin infused dance movements that will get your blood pumping and a smile on your face! Sneakers, water and towel required!

**Dinner on your own in beautiful Saratoga Springs!  
But....more to come this evening at the Holiday Inn**

**9:00p.m.-11:00p.m. -** Join us for our *Sweet 16 Celebration*.

Complimentary beer, snacks, games and caricatures!  
Take a chance on the beautiful baskets created by the NYSTRA board.

**Please note:**

**We will be taking photographs throughout the conference.**

**Photographs will be displayed in a professional manner on the NYSTRA website.**

**If you have concern with having your picture used,**

**please notify us at [nystra2011@gmail.com](mailto:nystra2011@gmail.com)**

**Thank you.**

# CONFERENCE REGISTRATION FORM

**\*Please Print and Enclose This Form With Payment**

Name \_\_\_\_\_  
Name for badge \_\_\_\_\_  
NYSTRA member \_\_\_\_ yes \_\_\_\_ no  
Organization \_\_\_\_\_  
Title \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ Fax \_\_\_\_\_  
E-mail \_\_\_\_\_  
Certification: \_\_\_\_\_ CTRS Other \_\_\_\_\_  
CEU's needed \_\_\_\_\_ Yes \_\_\_\_\_ No  
Presenting at this years conference \_\_\_\_\_ Yes \_\_\_\_\_ No

Registration includes access to educational sessions, refreshment breaks, giveaways, and hospitality events. All other meals are included in overnight hotel registration package. If commuting, meals can be purchased at the registration table. Please see conference info page for more information.

**\*\*\*Become a Member Today and Pay Member Rates for the Conference\*\*\***

**\*\*\*See Membership application on the next page\*\*\***

## FULL REGISTRATION

## DAILY REGISTRATION

	<u>Before 3/6</u>	<u>After 3/6</u>		<u>Before 3/6</u>	<u>After 3/6</u>		
___ Member	\$130	\$150	___ Member	\$88	\$108	___ Sun	___ Mon
___ Non-Member	\$190	\$210	___ Non-Member	\$117	\$137	___ Sun	___ Mon
___ Student Member	Free	Free	___ Student Member	Free	Free	___ Sun	___ Mon
___ Student Non-Member	\$104	\$114	___ Student Non-Member	\$59	\$69	___ Sun	___ Mon
___ Speaker	\$65	\$75					

\_\_\_ Speakers for 2 or more sessions have registration waived.

## Pre-Conference Institutes: Saturday, March 26, 2011

- A. \_\_\_ Full Day Training on the TTAP Method ®  
(Therapeutic Thematic Arts Programming) for Recreational Therapists  
8:00am-4:30pm  
\*\*\*\$40 Prior to 3/6; \$50 after 3/6 with additional fee (\$40) for materials payable directly to the speaker.\*\*\*
- B. \_\_\_ "Well-Tuned: Music Players for Health- An In-Depth Look at the Use of Digital Music Technology"  
12:30pm-4:30pm  
\*\*\*Please include \$30, at the time of registration, added to conference rate above\*\*\*

Please add \$10.00 for CEU's \$ \_\_\_\_\_  
Total payment including Registration, CEUs, and Institute \$ \_\_\_\_\_

Check, Money Order, or Purchase Order payable to **NYSTRA**

*\*If paying with a Purchase Order (PO) please enclose a copy of the PO with a contact name & phone number*

**NYSTRA is pleased to announce that we are now accepting registration fees via credit card  
(Please complete Credit Card Information Form on Next Page)**

Mail payment, registration form, and membership application (if applicable) to:

Steve Victory  
423 Millerton Road  
Lakeville, CT 06039

(845) 877-6821 ext. 3485 Fax: (845) 877-9555 or (845) 877-3217

**For Payment Via Credit Card**

Credit Card: \_\_\_\_\_ Visa      \_\_\_\_\_ Mastercard

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_

Security Code: \_\_\_\_\_

I authorize NYSTRA to charge my card for a total of \$\_\_\_\_\_.

Please sign: \_\_\_\_\_

**MEMBERSHIP APPLICATION**  
*(PLEASE PRINT)*

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_

Fax: ( ) \_\_\_\_\_ E-Mail: \_\_\_\_\_

Employer/School: \_\_\_\_\_

Population: \_\_\_\_\_

Certification(s): CTRS \_\_\_ Other: \_\_\_\_\_

**Membership Fees:**

	<u>1 year</u>	<u>2 years</u>
Professional	\$55.00	\$100.00
Associate	\$50.00	\$90.00
Student	\$15.00	\$30.00
Retired	\$25.00	\$40.00
Retired Lifetime	\$120.00	
Organizational	\$125.00	\$240.00

How/where did you learn about NYSTRA? \_\_\_\_\_

**NYSTRA is pleased to announce that we are now accepting membership fees via credit card**

Credit Card: \_\_\_\_\_ Visa \_\_\_\_\_ Mastercard

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_/\_\_\_ Security Code: \_\_\_\_\_

I authorize NYSTRA to charge my card for a total of \$\_\_\_\_\_.

Please sign: \_\_\_\_\_

FOR NYSTRA USE ONLY

DJ \_\_\_\_\_ DR \_\_\_\_\_ DE \_\_\_\_\_

**Send Payment or Purchase Order payable to NYSTRA with conference registration form to:**

**Steve Victory**  
**423 Millerton Road**  
**Lakeville, CT 06039**  
**Phone: (845) 877-6821 ext. 3485 Fax: (845) 877-9555**

**\*\*See Important Conference Information on the Next Page\*\***

# **Conference Information**

## **Credit Cards:**

NYSTRA is pleased to announce that we are now accepting credit cards for payment.

## **NYSTRA Cancellation Policy:**

Cancellation refund requests must be in writing. Cancellations postmarked on or before 14 days prior to conference will be assessed a \$20 processing fee. Cancellations received after 14 days but prior to the start of the conference will be assessed a 25% processing fee.

**NO refunds for cancellations received after the conference begins or for "No Shows".**

## **Conference Registration Includes:**

Registration packet, access to all educational sessions, refreshment breaks, giveaways, Monday hospitality events and Job Mart/Resource & Exhibit Area.

**Student Rate:** Proof of full time student status must accompany registration form and payment.

## **Overnight Accommodations:**

If reserving a room through the hotel (please see link on web-site) all meals and hospitality functions will be inclusive within the hotel rate. Upon check-in, you will receive a packet of meal/function tickets.

## **Commuting Conference Attendees:**

Meal function tickets will be sold at the NYSTRA registration desk for the following prices:

Sunday:	Continental Breakfast	\$10.00
	Lunch	\$25.00
	Awards Banquet	\$40.00
Monday:	Buffet Breakfast	\$15.00
	Lunch	\$25.00
Tuesday:	Brunch	\$20.00

## **Please remember:**

All sessions and hospitality events are subject to change.



**Holiday Inn**

**SARATOGA SPRINGS**

232 Broadway

Saratoga Springs, NY 12866

(518) 584-4550 / (518) 580-1924

All reservations must guarantee arrival by advanced deposit.

- One Night's Stay or Major Credit Card -

Check -in Time: 2:00PM/ Check-out Time" 11:00AM

GROUP: New York State Therapeutic Recreation Association-Saturday, 3/26/11-3/29/11

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ E-Mail: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAYTIME PHONE: \_\_\_\_\_

Request: \_\_\_\_\_ Smoking or \_\_\_\_\_ Non-Smoking

\_\_\_\_\_ Single- 3 day package @\$454.00 Per Person /Per Stay

\_\_\_\_\_ Single-2 day package@ \$332.00 Per Person/Per Stay

\_\_\_\_\_ Double-3 day package@ \$271.00 Per Person/Per Stay

\_\_\_\_\_ Double-2 day package @ \$210.00 Per Person/Per Stay

( Room Only Rate is \$108.00 per day plus tax).

ROOMING WITH: \_\_\_\_\_

ARRIVAL DATE: \_\_\_\_\_ DEPARTURE DATE: \_\_\_\_\_

Credit Card Number:

GUARANTEE: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

**Reservations must be received by March 12, 2011**

Three Day Package includes (3) nights accommodations Sat., Sun., and Mon. only, Sunday Lunch and Dinner, Monday, Breakfast and Lunch-All Service Charges and Tax included.

Two day package includes (2) nights accommodations, Sun. and Mon. only, Sunday Lunch and Dinner, Monday Breakfast and Lunch-All Service charges and Tax included.

Cancellations for reservations will be accepted up to 72 hrs. prior to arrival. No cancellations or refunds after that date. No shows will be billed in full. Credit will not be issued for any missed meals or early departures with this package