



New York State
Therapeutic Recreation Association
11th ANNUAL CONFERENCE



HOLIDAY INN
SARATOGA SPRINGS, NEW YORK
MARCH 25TH-28TH, 2006

Welcome

Dear Colleague:

Let us be the first to welcome you to the New York State Therapeutic Recreation Association's 11th annual conference!

Each conference cannot be possible without every one of our members. From our founding board members who paved the way to every new member who joins our association looking to be a part of a professional organization like NYSTRA.

This year's conference will be held at the Holiday Inn in Saratoga Springs, New York from March 25th-28th, 2006.

As you review the schedule of sessions please note the variety of topics and presenters. We will learn pain management, facilitation techniques, guided imagery and so much more! All of this under one roof.

Each year, NYSTRA volunteers work diligently to provide members with a solid educational program. Feedback from previous years assist the conference committee toward making each conference better meet member's needs. Please remember this and take time to complete the evaluation form found in your registration packet.

Once again, we are happy to invite you to an excellent opportunity to network with other professionals and increase your knowledge in the wonderful field of Therapeutic Recreation. Please register early to insure your place. If a question should arise please feel free to contact: Judy at (845) 364-2936 or Noelle at (845) 639-1439.

Sincerely,

Noelle Molloy, CTRS & Judy Isaksen, CTRS
Conference Co-Chairs

2006 Conference Committee

CONFERENCE CO-CHAIRS:

Judy Isaksen, CTRS & Noelle Molloy, CTRS

REGISTRATION CO-CHAIRS:

Steve Victory, CTRS & Robin Gallagher, CTRS

REGISTRATION COMMITTEE:

Peter Alexson, CTRS, Virginia Hutchins, CTRS & Isabel Kellerman, CTRS

VENDOR/JOB MART CO-CHAIRS:

Dorothy McNamara, CTRS & Linda Dianto, CTRS

RESOURCE ROOM CHAIR:

Isabel Kellerman, CTRS

NYSTRA 2005-2006 BOARD

PRESIDENT: Kirstin Impicciatore, CTRS

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Russ Pikell, CTRS, Charles Sourby, CTRS, Danielle Westbrook, CTRS

STUDENT LIASON: Loretta Sinnott

PAST PRESIDENT: Susan Wilson, CTRS

WEB MASTER: Justin Merkey, CTRS

All members are encouraged to attend the **GENERAL MEMBERSHIP MEETING** on **Sunday, March 26th**, directly following lunch. This is an opportunity to thank the board for their service, welcome the new board to office and discuss issues that affect all of us in the TR profession.

Saturday, March 25th, 2006 10:00am-5:00pm

Institute #1

Improving Therapist-Client Interactions Through Better Facilitation Techniques

Norma Stumbo, Ph.D., CTRS, FALS

Professor, Therapeutic Recreation, Illinois State University

The way therapists interact with clients is very important to achieving client outcomes. These interactions are often guided by the use of specific facilitation or intervention techniques. This institute will allow participants to learn about and practice four specific techniques that are often used in therapeutic recreation services. The latest research on the 'best practices' of these techniques will be presented. Participants should be ready for active small group and paired participation throughout this institute.

Institute #2

Integrative Imagery: Tools for Healing for Recreation Therapists

Vincent Bonadies, MS, CTRS

Director of Therapeutic Recreation, Rivington House

Receive hands-on training in the expanding field of therapeutic imagery, which goes beyond scripted guided imagery. This powerful, but yet gentle modality fosters active participation, disease prevention and health promotion, returning the focus of wellness to the individual. **Institute limited to 15 participants.**

Sunday, March 26th, 2006 8:00am-9:30am

CONTINENTAL BREAKFAST

Welcome/Opening General Session

Session #1 Sunday, March 26th, 2006 9:30am-11:00am

Ever Higher - Recreation Therapy and Wholistic Healing

Ed Kesgen, Ph.D.

During this opening session, the speaker will use factual reference, humor and an anecdotal story or two to revisit recreational therapy as a comprehensive intervention strategy in the recovery process that wholistically addresses the needs of those served.

Session #2 Sunday, March 26th, 2006 11:15am-12:45pm

Therapeutic Teamwork Activities You Can Use Anywhere

Justin Merkey, MBA, CTRS

Director of Therapeutic Recreation, Parsons Child and Family Center

Art Servidone, MS, CPRP, CTRS

Activities Coordinator, Parsons Child and Family Center

Youth and adults learn best by doing. Too often we leave the experiential learning process behind and try to "talk" people into working together. This workshop will open everyone's eyes to the possibilities that exist in all types of situations to build team connection through activity. Therapeutic activities, for any size space, that promote trust among participants, increase self esteem, and require cooperation will be presented.

Session #3 Sunday, March 26th, 2006 11:15am-12:45pm

Reducing Paperwork and Your Attachment to It

Norma Stumbo, Ph.D., CTRS, FALS

Professor, Therapeutic Recreation, Illinois State University

This session will analyze your paper management skills. Are you a stacker, a spreader, a stasher? What system do you use for quickly handling, filing and storing paperwork? Learn to better manage the volume of papers that cross your desk and come into your home every day, and better use your time for more fulfilling tasks.

Session #4 Sunday, March 26th, 2006 11:15am-12:45pm

Senior Day Programs & Senior Communities: The Therapeutic Recreation Role

Susan Wilber, CTRS

Program Director, Thompson Health

This session will focus on existing senior living businesses. TR opportunities and the need for growth in TR in this booming area of senior services will be discussed.

Session #5 Sunday, March 26th, 2006 11:15am-12:45pm

Free-time Freedom: TR Strategies for Developing Independent Leisure Functioning

Janice Elich Monroe, Ph.D., CTRS

Associate Professor/TR Major Coordinator, Ithaca College

Are your clients tired, bored, and lonely? The role of the therapist in helping clients choose and adapt activities will be explored, as well as techniques that can be used to motivate individuals to take responsibility for their free time. Ownership of free-time enhances the quality of life and independent functioning.

12:45pm-2:45pm

LUNCH/NYSTRA MEMBERSHIP MEETING

Session #6 Sunday, March 26th, 2006 3:00pm-4:30pm

Circle of Life

Ed Kesgen, Ph.D.

Human beings have many more similarities than they do differences. Join us *on the path unwinding* as we experience interventions intended to validate the commonality of community while respecting the uniqueness of the individual. Creative, affective, insightful additions to your treatment plan; applicable to all patient groups.

Session #7 Sunday, March 26th, 2006 3:00pm-4:30pm

Writing Better Assessment Items

Norma Stumbo, Ph.D., CTRS, FALS

Professor, Therapeutic Recreation, Illinois State University

Getting the best information we can from client assessments often means using the right format for the questions. This session will review a variety of different question formats to help participants improve their own assessments. Participants will practice using the different format within small groups.

Session #8 Sunday, March 26th, 2006 3:00pm-4:30pm

Golfability: A Program That Makes Golf Accessible to Persons of all Abilities

Eileen Andreassi, MA, CTRS

Director of Recreation Therapy, Helen Hayes Hospital

David Wickes, MS, CTRS

Recreation Therapist, Helen Hayes Hospital

This presentation will describe the organization and management of an adaptive golf program. The participant will gain information on how to fund and start an adaptive golf program in their facility. The participant will be exposed to adaptive golf equipment and how to use this equipment with different populations. The program will include resources on purchasing equipment for developing a program and starting an ongoing program.

Session #9 Sunday, March 26th, 2006 3:00pm-4:30pm

NCTRC Certification: All You Need to Know

Credentialing Specialist, NCTRC

This session provides an in depth coverage of the NCTRC certification standards and certification process. It will include the requirements for application, application process, exam information, and requirements to maintain your certification.

Monday, March 27th, 2006, 8:00am-9:00am
BUFFET BREAKFAST

Session #10 Monday, March 27th, 2006 9:00am-10:30am

Renewing Your TR Group Leadership and Programming

Robin Kunstler, Re.D., CTRS

Professor/Program Director of Recreation Education, Lehman College

Refresh your skills in planning and leading TR groups by exploring strategies to enhance the environment, develop rapport, motivate participation and organize groups. Clients will benefit from your renewed approaches and recreation therapists can feel recommitted to group programming.

Session #11 Monday, March 27th, 2006 9:00am-10:30am

T'ai Chi Ch'uan—The Gentle Art of Moving Meditation

Ed Kesgen, Ph.D.

The Chinese say whoever practices Tai Chi regularly will gain the *pliability of a child, the vitality of a lumberjack, and the peace of mind of a sage*. This graceful form of exercise has been used for centuries to improve posture, circulation, metabolism, digestion, and neuromuscular functioning, as well as healing of disease and infection. Tai Chi is cost-free, requires no special facilities, has no negative side-effects, and serves to empower the practitioner. Join us for a sample of this restorative technique for client and caregiver alike.

Session #12 Monday, March 27th, 2006 9:00am-10:30am

Using Animals as a Social Catalyst and Emotional Outlet during TR Programs

Donna Sims, CTRS

Upstate Medical University Hospital

This session will concentrate on the social and emotional benefits of using animals as an intricate part of your therapeutic recreation programming for both patients and their caregivers/families.

Session #13 Monday, March 27th, 2006 9:00am-10:30am

“Take Back Your Time”: A Conversation about Time, Work, Leisure and TR Practice

Lynn Anderson, Ph.D., CTRS

Chair, RLS Dept., SUNY Cortland

Susan Wilson, Ph.D., CTRS

Associate Professor, SUNY Cortland

In this session, we will spend our time in dialogue. Central to this dialogue will be the book, *Take Back Your Time*. We would like you to join us in this “coffee house” atmosphere as we reflect on an important national movement to fight time poverty and reclaim our lives and its implications to our practice in TR. We ask that you read the book, *Take Back Your Time*, prior to the conference to fully benefit from this session.

Session limited to 25 participants

Keynote Address

Session #14 Monday, March 27th, 2006 11:00am-12:00pm

On the Road to Becoming Happier and Healthier

Norma Stumbo, Ph.D., CTRS, FALS

Professor, Therapeutic Recreation, Illinois State University

This keynote address will offer time for personal reflection on ten ways to become a happier and healthier person who makes a difference in the world. Learn ten habits that you can incorporate into your daily life that will help you progress on your journey to self-fulfillment and personal meaning.

12:00pm-1:30pm
LUNCH

Session #15 Monday, March 27th, 2006 1:30pm-3:00pm

Brain-Based Learning Theory and Its Application to Therapeutic Recreation

Norma Stumbo, Ph.D., CTRS, FALS

Professor, Therapeutic Recreation, Illinois State University

Therapeutic Recreation Specialists can benefit from using teaching-learning theories and principles in their leisure education sessions. One of the most usable lines of teaching-learning research is brain-based learning – that is, how does the brain intake, process, store, and retrieve information – and how can we take advantage of these processes to help clients learn efficiently and effectively. Usable ideas for leisure education programs will be shared and discussed by all audience members.

Session #16 Monday, March 27th, 2006 1:30pm-3:00pm

How to use Mass Media in Recreation Therapy Programming

Tammy Colley-Ogden, MS, CTRS

Senior Recreation Therapist, Albany Medical Center, Department of Psychiatry

Orlando DiBacco, CTRS

Senior Recreation Therapist, Albany Medical Center, Department of Psychiatry

This presentation will offer specific ideas on how to use movie clips, TV commercials, websites, television shows, music and books in your group programming.

Session #17 Monday, March 27th, 2006 1:30pm-3:00pm

***Please Note: This is A Double Session. You MUST attend both parts to receive CEUs**

“The TTAP Method”: Therapeutic Thematic Arts Programming for the Aging Part 1

Linda Levine-Madori, Ph.D., CTRS, ATR-BC

Associate Professor, St. Thomas Aquinas College

This new method for creating a thematic approach to Therapeutic Recreation programming for well elderly as well as the disabled. Group programming in the 21st century offers difficult challenges for ethnic and cultural diversity. This nine step thematic program structures the use of personal interests and experiences in a thematic approach. This session will include an in depth analysis with illustrations on how to establish a music program and then move into art, sculpture, poetry, drawing, painting and dance programming insuring the quality of service described by the NCTRC job analysis.

Session limited to 25 participants

Session #18 Monday, March 27th, 2006 1:30pm-3:00pm

***Please Note: This is A Double Session. You MUST attend both parts to receive CEUs**

The Value of Stories and Proverbs—Part 1

Jeremy Cash, CTRS

TR Consultant, MS Society

This session will be experiential. Participants will break out into small groups and examine stories and proverbs to determine what values are being imparted. The larger group will discuss how these stories can be utilized to initiate discussion about topics such as self-esteem, patience, etc. Examples of stories to be examined include Cinderella, Runaway Bunny, etc.

Session limited to 25 participants

Session #19 Monday, March 27th, 2006 3:30pm-5:00pm

Creating a Wellness Program for Older Adults

Sharon Nichols, CTRS

TR Clinical Specialist, Northeast Area Genesis Health Care Corporation

This session will present a wellness program model that can be used with older adults in assisted living and/or retirement communities. The program incorporates some of the tenets of Healthy People 2010 and uses a model that focuses on four components to wellness: medical/health promotion, social/psychological health, physical, and spiritual well being. This session will introduce the foundations of the program as well as presenting the challenges and success of implementing the program. The success of this model is in large part attributable to a strong belief in the importance of wellness and in collaborating with other disciplines to effect change in service delivery to older adults.

Session #20 Monday, March 27th, 2006 3:30pm-5:00pm

Discovering the Meaning of Life: Positive Outcomes of TR in Palliative/Hospice Care

Masato Hasegawa, MA, CTRS

Therapeutic Recreation Specialist, Jewish Home and Hospital Lifecare System

The needs for Palliative/Hospice Care (PHC) have been recognized more in the health care service industry recently due to the increasing population of the elderly and the demand for better terminal care. Therapeutic recreation services and its holistic approach toward PHC deserve better recognition because they could improve overall quality of PHC. This presentation, starting from the definition of PHC including differentiation between palliative and hospice care, aims to identify several benefits of implementing TR services in PHC.

Session #21 Monday, March 27th, 2006 3:30pm-5:00pm

“The TTAP Method”: Therapeutic Thematic Arts Programming for the Aging—Part 2

Linda Levine-Madori, Ph.D., CTRS, ATR-BC

Associate Professor, St. Thomas Aquinas College

Please note: You must attend both sessions (#17 and #21) to receive CEU credit.

Session #22 Monday, March 27th, 2006 3:30pm-5:00pm

The Value of Stories and Proverbs—Part 2

Jeremy Cash, CTRS,

TR Consultant, MS Society

Please note: You must attend both sessions (#18 and #22) to receive CEU credit.

**Tuesday, March 28th, 2006 8:00am-9:00am
CONTINENTAL BREAKFAST**

Session #23 Tuesday, March 28th, 2006 9:00am-10:30am

A Strengths-Based Approach to TR Practice: A New Way of Thinking, Really!

Lynn Anderson, Ph.D., CTRS

Chair, RLS Dept., SUNY Cortland

Linda Heyne, Ph.D., CTRS

Chair, TRLS Dept., Ithaca College

This session will introduce participants to principles and theories that guide strengths-based practice in therapeutic recreation. A new way to provide therapeutic recreation services, based on a capability-based, person-centered model will be contrasted with the old medical model that has predominated the field for years. Come learn what you need to know to be a part of the exciting transformation occurring to health and human services!

Session #24 Tuesday, March 28th, 2006 9:00am-10:30am

Meeting the Special Needs of the Pediatric Patient and Their Families

Donna Sims, CTRS

Upstate Medical University Hospital

This session will explore the specific needs of pediatric patients and their families served at an adult rehabilitation unit and how to meet those needs while creating a beneficial multi-generational milieu.

Session #25 Tuesday, March 28th, 2006 9:00am-10:30am

Clinical Perspectives in Managing Pain: Recreational Therapy's Role

Vincent Bonadies, MS, CTRS

Director of Therapeutic Recreation, Rivington House

Sharon Nichols, CTRS

TR Clinical Specialist, Northeast Area Genesis Health Care Corporation

Current research supports that pain is often unrecognized, untreated or under treated by health care providers. This session will explore not only a theoretical framework for pain and methods for assessing pain in various population groups. In addition, evidenced based recreational therapy interventions that have demonstrated benefits in reductions of pain in a variety of populations will be discussed.

Session #26 Tuesday, March 28th, 2006 9:00am-10:30am

NCTRC Recertification: Continuing Professional Competence

Credentialing Specialist, NCTRC

This session provides an in depth coverage of CTRS recertification standards and requirements. The 1997 NCTRC National Job Analysis Study and its relationship to recertification requirements will be discussed.

Session #27 Tuesday, March 28th, 2006 10:45am-12:15pm

The Art of Interviewing

Matt Gold, CTRS

Director of OT/RT, NYS Psychiatric Institute

Interviewing patients as part of the assessment process is a complicated and often difficult procedure. This session will focus on how to structure and conduct the interview. Techniques that will be addressed will include active listening and how to phrase questions. This session is most relevant to CTRSs working in psychiatry.

Session #28 Tuesday, March 28th, 2006 10:45am-12:15pm

Garden Mosaics: Community Integration through Exploration and Action

Kendra Liddicoat, MS, CTRS

Graduate Student, Cornell University

Garden Mosaics is a curriculum developed at Cornell University for youth and adults that uses community gardens to build social, cognitive, and leisure skills, while enhancing physical and emotional well being. Come and learn about Garden Mosaics by reviewing our materials and trying out one of the investigations. You will also have the opportunity to discuss how the sequence of activities follows the Leisure Ability Model and what adaptations could make Garden Mosaics appropriate for your setting.

Session #29 Tuesday, March 28th, 2006 10:45am-12:15pm

Losses and Suicidality: Implications for TR Practice

Magalys Ciccocanti, MS, CTRS

Recreation Therapist, New York Presbyterian Hospital

Loss can be responsible for profound changes in both attitude and faith (belief systems), and also lead to suicide attempts. Recreation therapists work with many clients who experience loss and grieving. We will explore our attitudes toward loss and suicide determining communication strategies and relevant therapeutic interventions.

Session #30 Tuesday, March 28th, 2006 10:45am-12:15pm

Changing Perceptions: Bring New Life to your Therapeutic Recreation Program

Justin Merkey, MBA, CTRS

Director of Therapeutic Recreation, Parsons Child and Family Center

You may already know how to develop a stellar therapeutic recreation program, but can you implement it successfully? While your participants may thoroughly enjoy the program, are staff on board? This session will describe steps toward leading positive change and how to receive “buy-in” from your staff. The necessary framework of implementing large scale programs and changing how other disciplines view recreation programming will be discussed.

Endnote/Buffer Lunch

Session #31 Tuesday, March 28th, 2006 12:30pm-2:00pm

What I Love About TR!

Susan M. Wilson, Ph.D., CTRS

Past President, NYSTRA, Associate Professor, SUNY Cortland

Every single day we have the opportunity to enhance the lives of the people we serve through the use of Therapeutic Recreation. What a great way to make a living! This endnote will examine what makes our profession unique and how we can continue to offer quality care while staying up to date with current issues and trends. Come celebrate your profession!

Hospitality Events

Saturday, March 25th

Time TBA Movie/Dinner at Reel Meals in Saratoga Springs
Check Registration Packet for further information

Sunday, March 26th

8:00am Continental Breakfast (Daily Double Ballroom)
12:45pm Lunch and Networking (Daily Double Ballroom)
5:30pm A Toast to NYSTRA (Cocktail Hour)
6:30pm Awards Banquet & Dinner (Daily Double Ballroom)
8:30pm Comedienne

Monday, March 27th

8:00am Buffet Breakfast (Daily Double Ballroom)
12:00pm Lunch and Networking (Daily Double Ballroom)
6:00pm Dinner (Daily Double Ballroom)
8:00pm Country Western Night/Square Dancing

Tuesday, March 28th

8:00am Continental Breakfast (Daily Double Ballroom)
12:30pm Buffet Lunch (Daily Double Ballroom)

CONFERENCE REGISTRATION FORM

***Please Print and Enclose This Form With Payment**

**If paying with a Purchase Order (PO) please enclose a copy of the PO with a contact name & no.*

Name _____ Name for badge _____
NYSTRA member ___ yes ___ no
Organization _____ Title _____
Mailing Address _____
City _____ State _____ Zip _____
Phone _____ E-mail _____ Fax _____
Certification: ___ CTRS ___ Other _____

Registration includes access to educational sessions only. All hospitality events and meals are included in overnight hotel registration package. If commuting, meals can be purchased at the registration table. Please see following page for further explanation.

Please check here if presenting at this year's conference.

FULL REGISTRATION

DAILY REGISTRATION

| | <u>Before 3/10</u> | <u>After 3/10</u> | | <u>Before 3/10</u> | <u>After 3/10</u> |
|--------------------------|--------------------|-------------------|--------------------------|--------------------|-------------------|
| _____ Member | \$99 | \$119 | _____ Member | \$79 | \$99 |
| _____ Non-Member | \$159 | \$179 | _____ Non-Member | \$99 | \$119 |
| _____ Student Member | \$59 | \$79 | _____ Student Member | \$45 | \$55 |
| _____ Student Non-Member | \$89 | \$99 | _____ Student Non-Member | \$59 | \$69 |

Institutes: ___ #1 \$59 or ___ #2 \$59 (in addition to conference rate above)

If attending as daily, please note which day you are attending ___ Sun. ___ Mon. ___ Tues.

CEUs will be paid onsite

Special Services: ___ Special Diet ___ Accessible Accommodations

MEMBERSHIP APPLICATION

(PLEASE PRINT)

NEW MEMBER

RENEWAL

Name: _____

Mailing Address: _____

City: _____ State _____ Zip _____ Home Phone: () _____

Work Phone: () _____ Fax: () _____ E-Mail: _____

Employer/School: _____ Population: _____

Certification(s): CTRS ___ Other: _____

Membership Fees:

Professional - \$55.00 ___ Associate - \$50.00 ___ Student - \$30.00 ___

Organizational - \$125.00 ___ Retirement - \$25.00 ___

How/where did you learn about NYSTRA? _____

FOR NYSTRA USE ONLY

DJ _____ DR _____ DE _____

Send Payment or Purchase Order payable to NYSTRA with registration form to:

Steve Victory

423 Millerton Road

Lakeville, CT 06039

(845) 877-6821 ext. 3485 Fax: (845) 877-9555

Conference Registration Includes:

Registration Packet, access to all educational sessions, Sunday's Networking Cocktail Hour, NYSTRA Annual Membership Meeting, and Job Mart/Resource & Exhibit Area.

Student Rate: Proof of full time student status must accompany registration form and payment.

Overnight Accommodations:

If reserving a room through the hotel (please see following page), all meals and hospitality functions will be inclusive within the hotel rate. Upon check-in, you will receive a packet of meal/function tickets.

Commuting Conference Attendees:

Please note, with the exception of the endnote, registration does not include any meals or hospitality functions. **However, meal and function tickets will be sold at the NYSTRA registration desk.** Meal tickets can be purchased for the following fixed meal prices:

Breakfast: \$10.00 Lunch: \$15.00 Dinner: \$22.00

| | | |
|---|----------|---------------|
| <u>Registration/CEU Desk Open:</u> | Saturday | 8:00am-5:00pm |
| | Sunday | 8:00am-5:00pm |
| | Monday | 8:00am-5:00pm |
| | Tuesday | 8:00am-2:30pm |

Continuing Education Units

Application has been made to the American Therapeutic Recreation Association (ATRA) for Continuing Education Units (CEUs). Continuing Education Unit (CEU) credit is determined by the length of the presentation. For example, attendance at an hour and a half session will earn .15 CEU. The total of all sessions attended will yield the total CEU awarded for attending the 11th Annual NYSTRA Conference. The total CEU awarded will vary by participant according to the number of sessions attended. Please note that there are two double sessions. A delegate must attend both parts of the double session to earn CEUs. NCTRC does not pre-approve any continuing education. NCTRC has not reviewed or approved of the content of these materials and does not endorse or sponsor any of the activities of NYSTRA.

There will be a \$10.00 registration fee for CEUs which will be paid onsite.

Delegates will receive detailed instructions regarding the documentation of CEUs at the conference. However, you must have your CEU sheet with you for each session you are attending for CEU credit. You will be required to sign in at each session. You must TURN IN your CEU sheet BEFORE you leave the conference. You cannot get credits for sessions attended unless you turn in your sheet at the CEU desk.

An official transcript will be processed and mailed to you within 6-8 weeks following the conference. Transcripts will be kept on file at the ATRA central office.

**Holiday Inn—Saratoga Springs
(overnight accommodations and meals)**

Reservation Request Form

RATES-Two Night Stay-Sun, March 26-Tues, March 28, 2006 ONLY

- | | |
|---|---|
| <input type="checkbox"/> Single Occupancy – Per Person, Per Stay | <input type="checkbox"/> Double Occupancy – Per Person, Per Stay |
| \$308.00 <i>Rates are inclusive of service charges</i> | \$209.00 <i>Rates are inclusive of service charges</i> |

Two night stay rates include: Overnight accommodations for Sunday and Monday night, 1 continental breakfast, 1 buffet breakfast, 3 buffet lunches, 2 banquet dinners. Cocktail reception Sunday evening, prior to dinner featuring hot and cold hors d' oeuvres.

(Rates are subject to prevailing New York State Tax)

RATES-Three Night Stay-Sat, March 25-Tues, March 28, 2006 ONLY

- | | |
|---|---|
| <input type="checkbox"/> Single Occupancy – Per Person, Per Stay | <input type="checkbox"/> Double Occupancy – Per Person, Per Stay |
| \$415.00 <i>Rates are inclusive of service charges</i> | \$266.00 <i>Rates are inclusive of service charges</i> |

Three night stay rates include: Overnight accommodations for Saturday, Sunday and Monday night, 2 continental breakfasts, 1 buffet breakfast, 3 buffet lunches, 2 banquet dinners. Cocktail reception Sunday evening, prior to dinner featuring hot and cold hors d' oeuvres.

(Rates are subject to prevailing New York State Tax)

All rates guaranteed through March 1st, 2006

**To reserve your space now,
PLEASE PRINT OR TYPE this form and
return it at your earliest convenience.**

Please Note: No Telephone Reservations Accepted. Mail or Fax ONLY.

| | |
|--|--------------------|
| Name: | |
| Address: | |
| City, State, Zip: | |
| Home Phone: | Work Phone: |
| Arrival Date (circle one): Saturday, March 25, 2006 or Sunday, March 26, 2006 | |
| Departure Date: Tuesday, March 28, 2006 | |

Sharing Room with: _____

Please note, the hotel is not responsible for assigning roommates.

DEPOSIT: Individuals are required to provide the Hotel with a deposit equal to first nights package price with this form by **March 1, 2006**. Make checks payable to Holiday Inn. We also accept MasterCard, Visa, Diner's Club, and Discover Cards for deposit – please complete the information requested below:

Any and all cancellations made less than seven (7) days prior to arrival will be subject to the forfeiture of the individual's deposit.

Individuals who are categorized as a "No Show" will be billed in full. Credit will not be given for missed meals or early departures.

After the cut off date, the group rate quoted will no longer be available, and all charges will reflect current prevailing rates

| |
|-----------------------------|
| Check: |
| Credit Card Type: |
| Name on Credit Card: |
| Credit Card No.: |
| Expiration Date: |
| Signature: |

PLEASE MAIL OR FAX THIS FORM TO:

**Holiday Inn—Saratoga Springs
232 Broadway
Saratoga Springs, NY 12866
518-584-4550 phone
518-584-4417 fax**

Resources and Agency Exhibits

The NYSTRA Resource Committee invites you to submit written materials for our Annual Multi-Day Conference. We once again plan on featuring a variety of information/topics related to our profession. Resource materials will be displayed at the conference at no cost. Throughout the conference, a table will be available for your display. Audio/visual equipment will not be provided. However you may bring your own equipment. Please limit amount of resources to 3 boxes. Any facility, agency and/or organization interested in being a part of this networking venue should fill out the form below and send it by March 17, 2006 to:

*Isabel Kellerman, CTRS
2375 Wallen Lane
North Bellmore, NY 11710
516-783-1890
tifkel@aol.com*

If you are not attending the conference, but would like to submit materials, call Isabel to make arrangements and send materials to the hotel no earlier than March 21, 2006 (earlier shipments are subject to hotel handling fees) to:

Holiday Inn
(Attention: NYSTRA Conference 3/25-3/28)
232 Broadway
Saratoga Springs, NY 12866

RESOURCE AND AGENCY EXHIBIT REGISTRATION FORM

Name: _____

Facility/Organization/Agency: _____

Contact Person attending Conference: _____

Telephone# Day: _____ **Evening:** _____

Date of Arrival: _____

Type of Resource, Description and Materials to be Displayed:

Job/Internship Mart

To advertise a position or internship, information must be received by March 17, 2006.
Please mail the form below to:

*Dorothy McNamara, CTRS
104 Franklin Avenue
Staten Island, NY 10301
718-816-4938
dotmcnamara@earthlink.net*

EMPLOYMENT OR INTERNSHIP

Job/Internship Title: _____

Setting/Population: _____

Facility Name: _____

Address: _____

Contact Person: _____ **Phone #:** _____

Position Description:

Position Requirements:

Deadline for Application: _____ **Starting Date:** _____

CTRS Supervisor: YES _____ NO _____

Stipend Available: YES _____ NO _____

Housing Assistance Available: YES _____ NO _____

Salary Range: _____

~HOTEL INFORMATION AND AMENITIES~

All of the guestrooms have been updated over the last two years. Standard features include rooms with a king size bed or two double beds, coffeemakers, phone with voice mail and data port, 50 channel cable service on a 25" color television, hairdryers, irons and ironing board, and am/fm clock radios. Fifty of these rooms also have refrigerators and microwaves. Complimentary high speed internet access.

Luxury class accommodations include all of the above plus upscale décor and linens, enlarged baths, two phone lines, in room safes and VCRs. Choose from king or two queen size beds or king suites with kitchenettes.

FEATURES

Bookmakers Restaurant and Lounge

Open 7 days a week 6:30am-10:00pm

Serving Breakfast, Lunch and Dinner—Room Service Available

Pools

Indoor and outdoor heated swimming pools

Open daily 7:00am-10:00pm

Exercise Room

24 hour exercise room with treadmills, stairmaster, bike and free weights

Coin Laundry

Located on first floor

Services

24 hour guest fax

Monday through Friday same day dry cleaning

Free on site parking

Just a short stroll to Canfield Casino in Congress Park, the National Museums of Racing and Dance, downtown Saratoga Springs and the Thoroughbred Race Track.

~Directions~

Albany - Follow signs for I-87 North towards Montreal for 25 miles, Take Exit 13N via ramp to US-9 and Bear right on US-9 heading North for 3.5 miles. Holiday Inn is on the Right.

Buffalo/Rochester – I-90 East to Exit 28 (Fultonville/Fonda) and take Rt. 30A North for 6 miles. Turn right on Rt. 29 heading east for 31 miles. Turn right on US-9 and head south for 3 blocks. Holiday Inn is on the Left.

Massachusetts/Connecticut – I-90 East to Albany. Follow signs for I-87 North towards Montreal. Continue on I-87 North for 25 miles. Take Exit 13N via ramp to US-9 and Bear right on US-9 and go North for 3.5 miles. Holiday Inn is on the Right.

Montreal – I-87 South to Exit 15 and Rt. 50. Take Rt. 50 Southwest for 2.5 Miles. Holiday Inn is on the Left.

New York City - I-87 North for 136 miles, Exit I-87 via ramp at sign reading "Exit 24 I-87 N / I-90 E to Albany / Montreal". Follow signs for I-87 North towards Montreal for 25 miles. Take Exit 13N to US-9 heading North for 3.5 miles. Holiday Inn is on the Right.

Attention Colleges and Universities!



If you would like to host an alumni reunion at this year's conference we have reserved Monday from 5:00-6:00 for your event.

**Please contact Joanne Kirkpatrick at the
Holiday Inn, Saratoga
518-584-4550 or 518-584-6511 ext. 287
to discuss your options.**

You may advertise your reunion at our hospitality table at the conference and on the NYSTRA bulletin board at www.NYSTRA.org.

Please also email Kirstin Impicciatore at KImpicc@utica.edu if you plan a reunion.

General Information

Sessions/Times Subject to Change:

All sessions and times listed are subject to change, rescheduling or cancellation. Please check your registration packet for any updates to the conference program you received prior to the conference.

Recommended Dress:

Casual Business attire is recommended for the NYSTRA Annual Conference. Consider bringing a sweater or jacket for sessions as temperatures within meeting facilities vary.

No Smoking Policy:

There is no smoking allowed in educational sessions or meal functions. Please smoke in designated areas of the hotel.

Responsible Drinking:

Recognizing the social component of conferences and the potential for alcohol abuse, NYSTRA encourages responsible drinking. All NYSTRA sponsored socials provide non-alcoholic beverage options. No alcohol will be served to anyone under the age of 21.

Children:

NYSTRA welcomes children at the conference; however, conference educational sessions are designed for a professional audience. Please plan accordingly and do not bring small children or infants to educational sessions.

Registration/Payment/Cancellation Policy:

All attendees and speakers at the NYSTRA annual conference are required to register and pay the appropriate fee. Please use the Registration Form and mail prior to the conference. You will be mailed a confirmation card when your registration is received. If you are paying with a purchase order, please mail your registration form in advance and indicate that you are paying with a purchase order. Early registration is recommended. On-site registration will be available.

Cancellation refund requests must be in writing. Cancellations postmarked on or before 14 days prior to the conference will be assessed a \$20 processing fee. Cancellations received after 14 days but prior to start of conference will be assessed a 25% processing fee. NO refunds for cancellations received after the conference begins or for "No Shows."

Please do not mail your registration form after March 18, 2006. You should register on-site after this date.