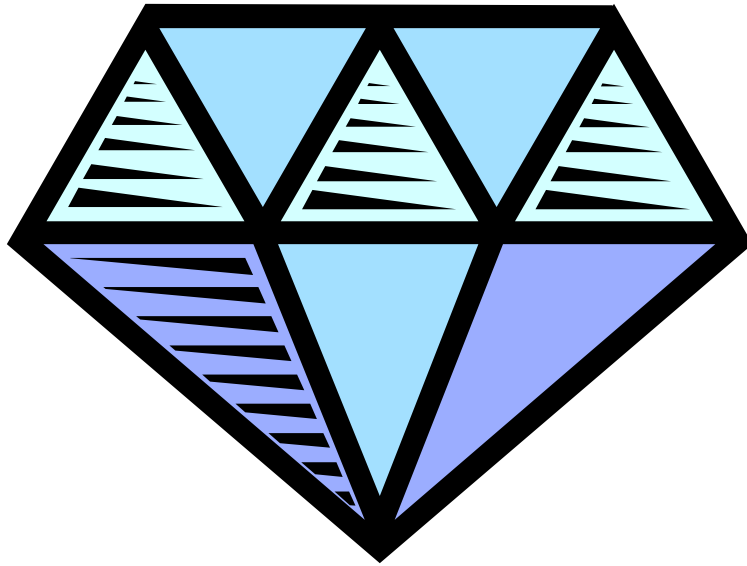


**THERAPEUTIC RECREATION
THE CUTTING EDGE**



NYS TRA's
10th ANNIVERSARY
DIAMOND JUBILEE

*Hudson Valley Resort and Spa
Kerhonkson, New York
April 9th-12th, 2005*

~Welcome~

Dear Colleague,

What an important milestone we have made!

Our 10th anniversary, this could not have been possible without each and every one of our members. From our founding board members who paved the way to every new member who joins our association seeking to be part of the Therapeutic Recreation profession.

Let us be the first to welcome you to our diamond jubilee!

This year's conference will be held April 9th –12th, at the Hudson Valley Resort and Spa, which is located in Kerhonkson, New York.

As you review the schedule of sessions, please note the variety of topics and presenters. We will learn what it takes to care and feed a TR, how to help our clients become "world champions" in 2005, and Mentor other TR Professionals along the way. All this diversity under one roof!

The conference committee has worked endlessly to provide our members with an eventful conference. This would not have been possible without all of our NYSTRA members volunteering their time and knowledge. As always, a conference is as good as our member's feedback. Each year your feedback plays a very important role in the planning of the next conference.

This year, in honor of the diamond jubilee, the hospitality committee has planned various events in order to "recreate the recreator". We hope that you will take time away from the wonderful educational sessions and relax during these specially planned events.

Once again, we are happy to invite you to an excellent opportunity to network with other professionals and increase your knowledge in the wonderful field we call Therapeutic Recreation. Please register early to ensure your place. If a question should arise, please feel free to contact Justin Merkey at (518) 426-2662 or Judy Isaksen at (845) 364-2936.

Sincerely,

Justin Merkey and Judy Isaksen, Conference Co-Chairs

~2004 Conference Committee~

Conference Co-chairs: Judy Isaksen, CTRS & Justin Merkey, CTRS

Program Chair: Anne Pelisson, CTRS

Registration Co-chairs: Steve Victory, CTRS & Robin Gallagher, CTRS

Registration Committee: Diane Anderson, CTRS, Isabel Kellerman, CTRS, Noelle Molloy, CTRS & Danielle Westbrook, CTRS

Hospitality Co-chairs: Fred Greenblatt, CTRS, Karen Nash, CTRS, Rose Rothe, CTRS, & Daryl Willenbrink, CTRS

Hospitality Committee: Ori Caroleo, CTRS, Pat Difley, CTRS, Sue Drumgold, CTRS, Phil Foley, Rich Howitt, CTRS, Noelle Molloy, CTRS, & Danielle Westbrook, CTRS

NYSTRA 2004-2005 BOARD

President: Susan Wilson, CTRS

President-Elect: Kirstin Impicciatore, CTRS

Treasurer: Kim Kiernan, CTRS

Secretary: Isabel Kellerman, CTRS

Members At Large: Diane Anderson, CTRS, Magalys Ciccocanti, CTRS, Virginia Hutchins, CTRS, Justin Merkey, CTRS, Anne Pelisson, CTRS, Hank Riegel, CTRS, Charles Sourby, CTRS, & Danielle Westbrook, CTRS

Student Liaison: Becky Lee & Stephanie White

Past-President: Ron Becker, CTRS

Webmaster: Kim Kiernan, CTRS

All members are encouraged to attend the GENERAL MEMBERSHIP MEETING on Sunday, APRIL 10th, directly following lunch. This is an opportunity to thank the board for their service, welcome the new board to office and discuss issues that affect all of us in the TR profession.

~Educational Sessions~

Saturday, April 9th, 2005, 12:00PM-5:00PM

Pre-conference Institute - Ending Health Inequities: It's All About You!

Cristina Meneses-Diaz, CTRS, Credentialing Specialist, NCTRC

Janice Elich Monroe, Ph.D., CTRS, Associate Professor, Ithaca College

With the dramatic changes occurring in the U.S. population it is essential for healthcare providers to understand how they can meet the needs of their diverse clients. Come learn the historical and social prospective of health inequities and what YOU can do to change it. Challenging discussion and innovative approaches will be discussed. Participants will gain a greater understanding of cultural competence and learn detailed information about racism, classism, sexism, anti-Semitism, heterosexism, ableism, and ageism. Finally, participants will learn how to incorporate the concept of oppression into their Therapeutic Recreation practice.

Sunday, April 10th, 2005, 8:00AM-9:30AM

CONTINENTAL BREAKFAST

Session #1 Sunday, April 10, 2005, 9:30 AM-11:00 AM

Welcome & Opening General Session - Therapeutic Recreation: The Cutting Edge

Ann Huston, MPA, CTRS

Executive Director, American Therapeutic Recreation Association

The future of recreational therapy has never been brighter and we are blazing trails that were not conceivable even five years ago. The profession is achieving many positive outcomes at the local, state and national levels. Where do you and your future fit into the growth of the profession? Where do YOU fit in the future of the profession? Join us in this discussion of your future and your profession!

Session #2 Sunday, April 10, 2005, 11:15 AM-12:45 PM

NCTRC Recertification: Continuing Professional Competence

Presenter To Be Announced

Credentialing Specialist, NCTRC

This session provides an in depth coverage of CTRS recertification standards and requirements. The three main components of recertification: continuing education, professional experience, and re-examination will be described in detail. The 1997 NCTRC National Job Analysis Study and its relationship to recertification requirements will be discussed. This session will also provide awareness of the purpose and function of the Standards Hearing Committee in appeals of recertification.

Session #3 Sunday, April 10, 2005, 11:15 AM-12:45 PM

Authentic Happiness

Tammy Colley-Ogden, Sr. Recreation Therapist

Albany Medical Center

This session is based on Dr. Martin Seligman's research on happiness. His basic philosophy has been reorganized by AMCH Recreation Therapists to match a milieu approach on our in-patient psychiatry unit. Patients are "called upon" throughout the day to identify and challenge their happiness responsibility in their recovery. Dr. Seligman has found five interventions to promote happiness that will be shared in the session.

Session #4 Sunday, April 10, 2005, 11:15 AM-12:45 PM

Competitive Sport Opportunities for Adults with Disabilities

Janet Connolly, MS, CTRS

Assistant Director, National Sports Festival

As the number of adults with physical disabilities living in our community increases, so does the demands on the recreation profession. One of the best ways of meeting physical, cognitive, social, and behavioral needs is through participation in organized sport and recreation. Who should deliver these services? Come learn and actively participate in the latest opportunities available to the consumer and program specialist.

Session #5 Sunday, April 10, 2005, 11:15 AM-12:45 PM

Nurturing In The Midst Of Evaluation Conflicts & Poor Staff Performance

Ronald Becker, CTRS

Director of Therapeutic Recreation, Coler-Goldwater/ Gouverneur

Nurturing our clients is part of our job. How well do we nurture our staff? For Managers and Directors: How do you nurture and find the gold in your staff's abilities when it is lost in the shadow of low morale and productivity? Is your annual evaluation a "crash and burn" or "pie in the sky" scenario. Options for creating a supportive and nurturing environment to affirm the positive and address the negative will be discussed. Turn your discomfort and avoidance into pro-active and positive results.

Session #6 Sunday, April 10, 2005, 3:00 PM-4:30PM

Recreational Therapy and CMS Coverage and Reimbursement:

ATRA's RT Medicare Project

Ann Huston, MPA, CTRS

Executive Director, American Therapeutic Recreation Association

Join the ATRA Executive Director for a review of the various stages of coverage and reimbursement for recreational therapists in long term care, inpatient rehabilitation, and mental health settings. Learn about ATRA's strategies in working with the Center for Medicare and Medicaid Services (CMS) and our exciting new agenda for Part A services. Bring your questions!

Session #7 Sunday, April 10, 2005, 3:00 PM-4:30PM

Safe Aromatherapy For Seniors, Children, and Sensitive Clients

Katherine Graf

Aroma Studio, LLC

The most important essential oils and hydrosols for use in the clinical setting with special attention to seniors, children, and sensitive clients will be presented. Demonstrations of safe and effective methods on how and when to use essential oils and hydrosols will be conducted. Participants will have the opportunity to sample individual essential oils that are discussed during the lecture.

Session #8 Sunday, April 10, 2005, 3:00 PM-4:30PM

Patient Participation: The Key to Attaining Patient Care Goals

Donna Sims, CTRS

Upstate Medical University Hospital

In this session we will discuss factors that affect patient participation, how it affects our treatment, how staff can positively or negatively affect participation as well as diagnosis specific conditions which impact patient participation.

Session #9 Sunday, April 10, 2005, 3:00 PM-4:30PM

Upgrading Standards for TR Professionals

Robin Kunstler, Re.D., CTRS, Associate Professor, Lehman College

Fran Stavola-Daly, Ed.D, CTRS, Associate Professor, Kean University

Participants will learn how to advocate for higher qualifications for Therapeutic Recreation Professionals based on the state recognition options committee research and report to New York State Department of Health. Upgrading qualifications for nursing home activity directors will be discussed. Information will be presented to use as rationale for upgrading hiring standards in any Therapeutic Recreation setting.

Monday, April 11th, 2005, 8:00AM-9:00AM
BUFFET BREAKFAST

Session #10 Monday, April 11, 2005, 9:00AM-10:30AM

How Healing Energy Works

Karen Nash, CTRS, REIKI Master

Therapeutic Recreation practitioners have all experienced special moments when they feel “in tune” with their clients. This workshop will discuss energy healing. Energy medicine will be the next medical breakthrough. Participants in this workshop will learn about life force energy, entrainment between our own and universal energy fields, vibration sounds affect on brain activity and exercises to balance our own and our clients’ life force energy field.

Session #11 Monday, April 11, 2005, 9:00AM-10:30AM

“2005 World Championships” What’s in it for you?

Janet Connolly, MS, CTRS

Assistant Director, National Sports Festival

The National Sports Festival is hosting the 2005 Cerebral Palsy International Sports recreation world championships. Participants will learn what this event is about and how they can become a part of the largest athletic competition for with people physical disabilities in the U.S. in 2005.

Session #12 Monday, April 11, 2005, 9:00AM-10:30AM

Recreation Therapy, Multiple Modalities: A Bridge To Treatment

Frank Craparotta, CTRS

Sagamore Children’s Psychiatric Center

This session will show the use of multiple modalities of RT as a treatment tool. It will include creative arts such as photography groups and animal assisted therapy. Program will illustrate some of the concepts such as projective identification and transference.

Session #13 Monday, April 11, 2005, 9:00AM-10:30AM

From Nursing Units to “Caring Communities:” The Crucial Role of Therapeutic Recreation In Creating a Culture Change Environment.

Fred Greenblatt, MS, MPA, CTRS, Director of Therapeutic Recreation

Miriam Levi, MS, CTRS, Associate Director of Therapeutic Recreation

Jewish Home and Hospital

This session will provide a clear understanding of culture change in the nursing home and offer an analysis of the role of TR as a necessary component in successfully implementing culture change. Systems changes including decentralized dining, waking to change and other programs will be evaluated. The steps necessary to achieve a successful transition to culture change will be examined.

Session #14 Monday, April 11, 2005, 9:00AM-10:30AM

Changes at NRPA: A Focus On Issues That Matter To Therapeutic Recreation

Tanya McAdory, MS, CTRS

NTRS/APRS Program Manager, National Recreation and Parks Association

This presentation is a brief overview of the history and inception of NRPA and it’s branches. Participant’s will get a description of NRPA’s Strategic Plan and the goal setting process and how it fits the mission of NTRS. Participant’s will also get a glimpse of the future of our organization and what new and exciting things and services are just around the corner.

Session #15 Monday, April 11, 2005, 10:45AM-12:15PM

Keynote Address - Humor for the Health of It!

Joel Weintraub, M.Ed, BS, Humorous Educator

By combining his comedy experience with his degrees in physiology and health education, Mr. Weintraub will help you laugh at yourself and be motivated to take the time to capture the joy while discovering a fresh perspective on life. Learn how humor can increase creativity, productivity, memory, and reduce the incidence of disease.

Session #16 Monday, April 11, 2005, 2:00PM-3:30PM

The Care and Feeding of a CTRS (and the people they serve)!

Susan Wilson, Ph.D., CTRS

Associate Professor, SUNY Cortland

Stress is a part of the lives of the people we serve. Disability enhances the amount of changes within one's life, which creates stress. We often think of stress relief for those we serve but do we think of it for ourselves. This session will focus on what causes stress and how to relieve it for ourselves and those who participate in our programs.

Session #17 Monday, April 11, 2005, 2:00PM-3:30PM

Part 1* - THIS IS A DOUBLE SESSION

Mentoring: Bridging the Gap between Education, Clinical Practice, and Professional Involvement

Janice Elich Monroe, Ph.D., CTRS, Associate Professor, Ithaca College

Deborah Silver & Jennifer Reed, TR Students, Ithaca College

Bethany Humphrey, SW Graduate Student, Ithaca College

Growing our profession requires a serious commitment to the development of professional skills. Students must have the opportunity to interact with and learn from seasoned professionals. This session will explore collaborative mentoring techniques and will provide strategies on how to develop mentoring programs, which enhance the learning process and bridge the gap between education, clinical practice, and professional involvement.

*** Please note: You must attend both sessions (#16 and #20 to receive CEU credit)**

Session #18 Monday, April 11, 2005, 2:00PM-3:30PM

Including People with Behavior Issues in Recreation Programs

Laurie Penney McGee

Director of Community Recreation Services, Exceptional Family Resources

Many people with disabilities such as Autism have behavior issues that either limit their access to recreation programs or impact their recreation services. Information will be provided about behaviors related to various disabilities as well as strategies for preventing behavior issues and supporting individuals when they occur.

Session #19 Monday, April 11, 2005, 2:00PM-3:30PM

Student Forum

Linda Levine Madori, Ph.D., CTRS, ATR-BC

Associate Professor, St. Thomas Aquinas College

This session is designed specifically for students who are majoring in therapeutic recreation in graduate and undergraduate programs. The session will give students the opportunity to share questions and concerns regarding classwork, fieldwork experience, and internship requirements. It will also provide an interactive dialogue for students to meet new colleagues.

Session #20 Monday, April 11, 2005, 3:45PM-5:15PM

Questions and Answers on Recreational Therapy Reimbursement and Payment

Ann Huston, MPA, CTRS

Executive Director, American Therapeutic Recreation Association

Every conference, there are more questions than answers regarding the current status of funding and payment options for recreational therapy services. Join Ann Huston, ATRA Executive Director for this interactive session on coverage and reimbursement questions and answers. Audience participation required!

Session #21 Monday, April 11, 2005, 3:45PM-5:15PM

Mentoring: Bridging the Gap between Education, Clinical Practice, and Professional Involvement

Part 2 - THIS IS A DOUBLE SESSION

* **Please note: You must attend both sessions (#16 and #20) to receive CEU credit.**

Session #22 Monday, April 11, 2005, 3:45PM-5:15PM

Clinical Supervision and Professional Boundaries

Matt Gold, CTRS

Director of OT/RT, NYS Psychiatric Institute

This session will explore the role of clinical supervision in the CTRS' practice with an emphasis on establishing and maintaining professional boundaries.

Session #23 Monday, April 11, 2005, 3:45PM-5:15PM

Using Blooms Taxonomy:

Determining Goals and Objectives Based on This Educational System

Jeremy Cash, MSED, CTRS, Recreation Consultant

This presentation is designed to introduce participants to Blooms Taxonomy, which is an educational model. This model employs a systematic approach to how people learn in three domains, the affective, cognitive and psychomotor domains. This model will be examined. Participants will be introduced to the possible benefits of using this step by step learning progression when designing goals and objectives. Specific terms for outcomes and example objectives delineated in this model, will also be examined

.Tuesday, April 11th, 2005, 8:00AM-9:00AM
CONTINENTAL BREAKFAST

Session #24 Tuesday, April 12, 2005, 9:00AM-10:30AM

The Integrated Learning Center (ILC) – Specialized Programming for Those Dually Diagnosed with Mental Illness and Mental Retardation

Leslie Flihan, CTRS & Virginia Hutchins, CTRS

Mohawk Valley Psychiatric Center

This workshop will introduce you to a unique unit of the New York State Office of Mental Health. Topics of discussion include ILC origins, referral process, programs, make up of clients served, concept of recovery, role of the CTRS on the units and unique programs offered to this population.

Session #25 Tuesday, April 12, 2005, 9:00AM-10:30AM

Forum in Therapeutic Recreation Education

Robin Kunstler, Re.D., CTRS, Professor, Lehman College

Fran Stavola-Daly, Ed.D, CTRS Associate Professor, Kean University

Curriculum, syllabi, textbooks, internships and student's needs will be discussed in an informal setting to share strategy insights to meet challenges of educating TR pre-professionals and professionals for the changing work environment.

Session #26 Tuesday, April 12, 2005, 9:00AM-10:30AM

NCTRC Certification: All You Need to Know

Presenter To Be Announced

Credentialing Specialist, NCTRC

This session provides an in depth coverage of the NCTRC certification standards and certification process. It will include the requirements for application, application process, exam information, and requirements to maintain your certification.

Session #27 Tuesday, April 12, 2005, 9:00AM-10:30AM

Therapeutic Recreation Participation and Cognitive and Psychosocial Functioning In Skilled Nursing Facility Residents with Mild To Moderate Alzheimer's Disease

Linda Levine Madori, Ph.D., CTRS, ATR-BC

Associate Professor, St. Thomas Aquinas College

This session will address the findings in a current study which explored cognitive and psychosocial well-being differences among 93 skilled nursing facility (SNF) residents diagnosed with mild or moderate Alzheimer's disease as a function of their levels of participation in therapeutic recreation activities (amount of time spent and frequency of participation) in the SNF. Discussion of the statistically significant outcomes of this study including the impact therapeutic recreation has on cognitive functioning and psychosocial well-being in residents with Alzheimer's Disease.

Session #28 Tuesday, April 12, 2005, 9:00AM-10:30AM

UMAC Champions:

An Opportunity For Students of All Abilities To Experience Martial Arts

Laura Giacovas, MSED

Director of UMAC Dragons and Champions, United Martial Arts Center

Participants will learn the five tenets of Taekwondo: Perseverance, Indomitable spirit, Respect, Humility, and Self-control, as the foundation of martial arts. Students develop fitness, leisure enjoyment, as well as a philosophy for self-esteem and positive socialization. Experience a mini session, demonstrating and implementing the tenets, techniques and interventions.

Session #29 Tuesday, April 12, 2005, 10:45AM-12:15PM

Professional Boundaries: Maintaining a Therapeutic Rapport

Donna Sims, CTRS

Upstate Medical University Hospital

This session will look at the importance of having a therapeutic rapport to meet patient goals. In it we will discuss professional boundaries, different types of boundaries and situations where boundaries may become blurred and how to maintain a healthy balance.

Session #30 Tuesday, April 12, 2005, 10:45AM-12:15PM

Clinical Practice Guidelines for Recreational Therapy

Peg Connolly, Ph.D., CTRS, Consultant

Cristina Meneses-Diaz, CTRS, Credentialing Specialist, NCTRC

Clinical practice guidelines are used by most other professions to guide treatment based on research evidence and effect. In 2003, ATRA released the first comprehensive set of clinical practice guidelines for dementia. Currently, the national ATRA workgroup is drafting Clinical Practice Guidelines for Pain Management and plans are underway for guidelines in Obesity and CVA. This session will provide an overview of the structure and nature of clinical practice guidelines, an overview of the development process, and information for practitioners to improve their evidence based practice to achieve consistent outcomes.

Session #31 Tuesday, April 12, 2005, 10:45AM-12:15PM

Complementary and Alternative Medicine: Ethical, Professional and Practical Challenges for Recreation Therapists

Vincent Bonadies, MS, CTRS

Director of Recreation Therapy, Rivington House

Do your clients talk about using complementary and alternate medicine (CAM) approaches to deal with their health issues? This presentation will give a basic overview of some of the common CAM approaches that recreation therapists use. Ethical, legal, and practical issues for recreation therapists will be discussed.

Session #32 Tuesday, April 12, 2005, 10:45AM-12:15PM

Positive Psychology and the Well Informed CTRS

Susan Wilson, Ph.D., CTRS, Associate Professor, SUNY Cortland

Martin Seligman's approach to psychology focuses on strengths rather than weaknesses. This method has been called "revolutionary, groundbreaking, and innovative" by many top researchers. It is the paradigm therapeutic recreation has been focused on since its inception. This session will outline the concepts of positive psychology and its practical applications within the field of Therapeutic recreation.

Session #33 Tuesday, April 12, 2005, 12:30PM-2:00PM

Endnote - 10 Years Old!!! Now What?

Ronald Becker, CTRS, Past President, NYSTRA

Director of Therapeutic Recreation, Coler-Goldwater/ Gouverneur

NYSTRA has stepped up to the challenge of creating a foundation of resources and support for professional service delivery, personal growth and advocating for moving the profession forward in its first ten years. We are still so young; in our journey towards excellence, where do we go from here? Mixing ingredients from the past 10 years and flavoring from future possibilities will create a feast for the imagination. Don't miss this challenging session to help you discover and own your role in NYSTRA's organization and where and how you practice your profession.

~CONFERENCE REGISTRATION FORM ~

***Please Print and Enclose This Form With Payment**

**If paying with a Purchase Order (PO) please enclose a copy of the PO with a contact name & number*

Name _____ Name for badge _____
NYSTRA member yes (years as a member) _____ no
Organization _____ Title _____
Mailing Address _____
City _____ State _____ Zip _____
Phone _____ E-mail _____ Fax _____
Certification: CTRS Other _____

Registration includes access to educational sessions only. **All hospitality events and meals are included in overnight hotel registration package. If commuting, meals may be purchased at the registration table.** Please see following page for further explanation.

FULL REGISTRATION			DAILY REGISTRATION		
	<u>Before 3/25</u>	<u>After 3/25</u>		<u>Before 3/25</u>	<u>After 3/25</u>
____ NYSTRA Member	\$79	\$99	____ NYSTRA Member	\$59	\$79
____ Non-Member	\$129	\$149	____ Non-Member	\$79	\$99
____ Student Member	\$49	\$69	____ Student Member	\$35	\$45
____ Student Non-Member	\$79	\$99	____ Student Non-Member	\$49	\$59

Institute: _____ \$35 (in addition to conference rate above)

If attending as daily, please note which day you are attending: Sat. Sun. Mon. Tues.

CEUs will be paid onsite

Special Services: Special Diet Accessible Accommodations

MEMBERSHIP APPLICATION

(PLEASE PRINT)

NEW MEMBER:

RENEWAL:

Name: _____
Mailing Address: _____
City: _____ State _____ Zip _____ Home Phone: () _____
Work Phone: () _____ Fax: () _____ E-Mail: _____
Employer/School: _____
Population: _____
Certification(s): CTRS Other: _____

Membership Fees:

Professional - \$55.00 Associate - \$50.00 Student - \$30.00
Organizational - \$125.00 Retirement - \$25.00

How/where did you learn about NYSTRA? _____

FOR NYSTRA USE ONLY

DJ _____ DR _____ DE _____

Send Payment or Purchase Order payable to NYSTRA with registration form to:

Steve Victory
423 Millerton Road
Lakeville, CT 06039

(845) 877-6821 ext. 3485 Fax: (845) 877-9555

Conference Registration Includes:

Registration Packet, access to all educational sessions, Sunday's Founding Members Cocktail Hour, NYSTRA Annual Membership Meeting, and Job Mart/Resource & Exhibit Area.

Student Rate: Proof of full time student status must accompany registration form and payment.

Overnight Accommodations:

If reserving a room through the hotel (please see following page), all meals and hospitality functions will be inclusive within the hotel rate. Upon check-in, you will receive a packet of meal/function tickets.

Commuting Conference Attendees:

Please note, registration does not include any meals or hospitality functions. **However, meal and function tickets will be sold at the NYSTRA registration desk.** Meal tickets can be purchased for the following fixed meal prices:

Breakfast: \$10.00 Lunch: \$15.00 Dinner: \$20.00

<u>Registration/CEU Desk Open:</u>	Saturday	11:00 AM-6:00 PM
	Sunday	8:00 AM-5:30 PM
	Monday	8:00 AM-6:00 PM
	Tuesday	8:00 AM-2:30 PM

Continuing Education Units

Application has been made to the American Therapeutic Recreation Association (ATRA) for Continuing Education Units (CEUs). Continuing Education Unit (CEU) credit is determined by the length of the presentation. For example, attendance at an hour and a half session will earn .15 CEU. The total of all sessions attended will yield the total CEU awarded for attending the 10th Annual NYSTRA Conference. The total CEU awarded will vary by participant according to the number of sessions attended. Please note that there are double sessions. A delegate must attend both parts of the double session to earn CEUs. NCTRC does not pre-approve any continuing education. NCTRC has not reviewed or approved of the content of these materials and does not endorse or sponsor any of the activities of NYSTRA.

There will be a \$10.00 registration fee for CEUs which will be paid onsite.

Delegates will receive detailed instructions regarding the documentation of CEUs at the conference. However, you must have your CEU sheet with you for each session you are attending for CEU credit. You will be required to sign in at each session. You must TURN IN your CEU sheet BEFORE you leave the conference. You cannot get credits for sessions attended unless you turn in your sheet at the CEU desk.

An official transcript will be processed and mailed to you within 6 weeks following the conference. Transcripts will be kept on file at the ATRA central office.

~New York State Therapeutic Recreation Association 10th Annual Conference~
~Schedule At A Glance~

Room/Time	ROOM Columbia	ROOM Hudson 2 & 3	ROOM Sansui	ROOM Ulster	For Your Wellness and Enjoyment (pool area unless otherwise noted)
Saturday, April 9, 2005					
11:00am-6:00pm	Registration Open				
12:00pm-5:00pm	Pre-conference Institute - Ending Health Inequities: It's All About You! (Library)				
Sunday, April 10, 2005					
8:00am-9:30am	Registration and Continental Breakfast (Ballroom C)				
9:30am-11:00am	Welcome/Opening General Session: Therapeutic Recreation: The Cutting Edge (Manhattan Theatre)				
11:15am-12:45pm	#2 NCTRC Re-certification	#3 Authentic Happiness	#4 Competitive Sport Opportunities	#5 Nurturing Conflicts	Qi Chong/Tai Chi (11:30-12:30, Non-CEU)
12:45pm-2:45pm	Lunch (Ballroom C) NYSTRA Membership Meeting				
3:00pm-4:30pm	#6 CMS Coverage	#7 Aromatherapy	#8 Patient Participation	#9 Upgrading Standards	Yoga (3pm-4pm, Non-CEU)
5:30pm-6:30pm	NYSTRA Founding Members Cocktail Hour (Lobby)				
6:30pm-8:30pm	Awards Dinner (Ballroom C)				
Monday, April 11, 2005					
8:00am-9:00am	Registration and Buffet Breakfast (Ballroom C)				
9:00am-10:30am	#10 Healing Energy	#11 2005 World Championships	#12 Multiple Modalities	#13 Caring Communities	Kickboxing (Non-CEU) #14 NRPA (Library)
10:45am - 12:15pm	Keynote Address: #15 Humor for the Health of It! (Manhattan Theatre)				
12:30pm - 1:45pm	Lunch (Ballroom C)				
2:00pm - 3:30pm	#16 Care and Feeding	#17 Part 1: Mentoring	#18 Recreation Inclusion	#19 Student Forum	Muscle Activation (2pm-3pm, Non-CEU)
3:45-5:15	#20 Questions and Answers	#21 Part 2: Mentoring	#22 Clinical Supervision & Professional Boundaries	#23 Blooms Taxonomy	Pilates (4pm-5pm, Non-CEU)
6:00pm-8:00pm	Dinner (Ballroom C)				
Tuesday, April 12, 2005					
8:00am-9:00am	Registration and Continental Breakfast (Ballroom C)				
9:00am-10:30am	#24 Integrated Learning Center	#25 Forum in TR Education	#26 NCTRC Certification	#27 TR Participation/ Cognitive & Psychosocial Functioning	#28 UMAC Champions (Library)
10:45am-12:15pm	#29 Professional Boundaries	#30 Clinical Practice Guidelines	#31 Complementary and Alternative Medicine	#32 Positive Psychology	
12:30pm-2:00pm	Buffet Lunch (Ballroom C) followed by Session #33 Endnote: 10 Years Old!!! Now What?				

Hudson Valley
Resort & Spa
(overnight accommodations and meals*)

Reservation Request Form

RATES-Two Night Stay

Single Occupancy
Per Person, Per Stay

\$281.00 *Rates are inclusive of
service charges*

Double Occupancy
Per Person, Per Stay

\$201.00 *Rates are inclusive of
service charges*

Two night stay rates include: Overnight accommodations, three (3) meals daily starting with breakfast on day of arrival through lunch on day of departure. One hour Cocktail reception Sunday evening, prior to dinner featuring hot and cold hors d'oeuvres. Access to resort activities, as well as spa access.

RATES-Three Night Stay

Single Occupancy
Per Person, Per Stay

\$412.00 *Rates are inclusive
of service charges*

Double Occupancy
Per Person, Per Stay

\$292.00 *Rates are inclusive of
service charges*

Three night stay rates include: Overnight accommodations, three (3) meals daily starting with dinner on day of arrival through lunch on day of departure. One hour Cocktail reception Sunday evening, prior to dinner featuring hot and cold hors d'oeuvres. Access to resort activities, as well as spa access.

All rates guaranteed through March 9th, 2005

*** All Meals and other “inclusive” events will be organized with your fellow colleagues attending the conference.**

**Please Note: All hotel reservation questions should be directed to the
Hudson Valley Resort & Spa
1-888-9HUDSON or (845) 626-8888.**

**To reserve your space now,
PLEASE PRINT OR TYPE this form and
send it at your earliest convenience.**

Name:	
Address:	
City, State, Zip:	
Home Phone:	Work Phone:
Arrival Date:	
Departure Date:	

Sharing Room with: _____

Please note, the hotel is not responsible for assigning roommates.

DEPOSIT: Individuals are required to provide the Hotel with a deposit equal to first nights package price with this form by **March 9, 2005**. Make checks payable to Hudson Valley Resort & Spa. We also accept MasterCard, Visa, Diner's Club, and Discover Cards for deposit – please complete the information requested below:

Any and all cancellations made less than seven (7) days prior to arrival will be subject to the forfeiture of the individual's deposit. Individuals who are categorized as a "No Show" will be billed in full. After the cut off date, the group rate quoted will no longer be available, and all charges will reflect current prevailing rates

Check:
Credit Card Type:
Name on Credit Card:
Credit Card No.:
Expiration Date:
Signature:

PLEASE MAIL OR FAX THIS FORM TO:

Hudson Valley Resort & Spa
400 Granite Road, Kerhonkson, NY 12446
Attn: Reservations Department
FAX: (845) 626-2677
Email: res@hudsonvalleyresort.com

~Resources and Agency Exhibits~

The NYSTRA Resource Committee invites you to submit written materials for our Annual Multi-Day Conference. We once again plan on featuring a variety of information/topics related to our profession. Resource materials will be displayed at the conference at no cost. Throughout the conference, a table will be available for your display. Audio/visual equipment will not be provided. However you may bring your own equipment. Please limit amount of resources to 3 boxes. Any facility, agency and/or organization interested in being a part of this networking venue should fill out the form below and send it by April 1, 2005 to:

*Noelle Molloy
1619 Route 94
New Windsor, NY 12553
(845) 497-3584*

If you are not attending the conference, but would like to submit materials, call Noelle to make arrangements and send materials to the hotel no earlier than April 6th, 2005 (earlier shipments are subject to hotel handling fees) to:

Hudson Valley Resort & Spa
(Attention: NYSTRA Conference 4/9-4/12)
400 Granite Road
Kerhonkson, NY 12446

RESOURCE AND AGENCY EXHIBIT REGISTRATION FORM

Name: _____

Facility/Organization/Agency: _____

Contact Person attending Conference: _____

Telephone# Day: _____ **Evening:** _____

Date of Arrival: _____

Type of Resource, Description and Materials to be Displayed:

~Job/Internship Mart~

To advertise a position or internship, information must be received by April 1, 2005. To advertise a position or for further information mail the form below to:

*Noelle Molloy
1619 Route 94
New Windsor, NY 12553
(845) 497-3584*

EMPLOYMENT OR INTERNSHIP

Job/Internship Title: _____

Setting/Population: _____

Facility Name: _____

Address: _____

Contact Person: _____

Phone #: _____

Position Description: _____

Position Requirements:

Deadline for Application: _____ **Starting Date:** _____

CTRS Supervisor: YES _____ NO _____

Stipend Available: YES _____ NO _____

Housing Assistance Available: YES _____ NO _____

Salary Range: _____

~Its All About The Fun~

Hospitality Schedule of Events

Saturday, April 9th

8:00pm Movie — “The Last Samurai” (Manhattan Theatre)
9:00pm Dancing with D.J. Goldie (Empire Lounge)

Sunday, April 10th

8:00am Continental Breakfast (Ballroom)
11:15am Qi Chong/Tai Chi (pool area)
12:45pm Lunch and Networking (Ballroom)
3:00pm Yoga (pool area)
5:30pm A Toast to NYSTRA Founding Members (Cocktail Hour)
6:30pm NYSTRA Awards Banquet and Dinner (Ballroom)
8:30pm Movie - “Benny and Joon” (Manhattan Theatre)
Cards and Board games (Cigar Bar)
Games From Around the World with Dr. Vickie Wilkins
9:30pm Dancing with D.J. Goldie (Empire Lounge)

Monday, April 11th

8:00am Buffet Breakfast (Ballroom)
8:00am Kickboxing
12:30pm Lunch and Networking (Ballroom)
2:00pm Muscle Activation (Empire Lounge)
4:00pm Pilates (pool area)
6:00pm Dinner (Ballroom)
8:00pm Movie— “Dirty Dancing” (Manhattan Theatre) or
Cards and Board games (Cigar Bar)
9:00pm Mentalist/Psychic and Live Band (Empire Lounge)

Tuesday, April 12th

8:00am Continental Breakfast (Ballroom)
8:00am Water Aerobics (pool)
12:30pm Buffet Lunch (Ballroom)

~An Opportunity To Help NYSTRA Grow~

Dear Members and Conference Delegates:

We hope you will join us in recognizing your fellow Therapeutic Recreation professionals. The Hospitality Committee would like to offer each conference delegate a welcome care package in their room, which can be personalized from you. A card, containing your name, will be inserted in this welcome care package. **You may select one name for \$5, and additional names for \$1 each. Even better, you may extend your greeting to EVERY delegate for \$25.** Please don't hesitate in honoring those who share the work you do, while at the same time raising funds to enhance the NYSTRA conference.

Please check the names you'd like to select below and return these pages by March 25. In the event your selected individual (s) does not attend this year's conference, a greeting card will be sent to them by mail. Thank you in advance for your generosity and enthusiasm toward making others feel welcome at this year's conference.

Your Name: _____

Phone: _____ Email: _____

Number of people greeted: _____ Total amount enclosed: _____

Remove the following membership list and mail to:
Rose Rothe, CTRS, Executive Director
SPARC, Inc.
3045 Gomer Street
Yorktown Heights, NY 10598
(make checks payable to NYSTRA)

_____ ALL MEMBERS	_____ Ron Becker
_____ Mike Abelson	_____ Josa Bellon
_____ Cynthia Adams	_____ Allan Benezra
_____ Cori Adelman	_____ Lisbeth Berbary
_____ Phoebe Alexander	_____ Cynthia Berenguer
_____ Peter Alexson	_____ Judy Berenson
_____ Theresa Allen	_____ Amanda Berry
_____ Carol Alvarez	_____ Karen Bibbins
_____ Aaron Anderson	_____ Ishaque Binney
_____ Diane Anderson	_____ Jacqueline Bodkin
_____ Julie Anderson	_____ Joanna Boldish
_____ Lynn Anderson	_____ Vincent Bonadies
_____ Robert Andrejewski	_____ Russell Borello
_____ Lynn Antonelli	_____ Dedra Bosak
_____ Raymond Archer	_____ Patrick Bowler
_____ Tom Artura	_____ Pat Brady
_____ Joanne Auerbach	_____ Joan Brickman
_____ Kimberly August	_____ Carol Brocci
_____ Carol Bailey	_____ Noel Broccoli
_____ Kay Baker	_____ Audrey Brown
_____ Jackie Baltch	_____ Ricky Brown
_____ Sue Barnes	_____ Merri Buckstone
_____ Laurie Barton	_____ Paul Bufano
_____ Tameka Sheree Battle	_____ J. Clark Burke, Jr.
_____ James Batton	_____ Kathleen Burleson
_____ Linda Baum	_____ Michaela Byrnes
_____ Anne Marie Beachel	_____ Kari Call

____ Josephine Candler
____ Donna Carey
____ Sallie Carlin
____ Jane Carozza
____ Frances Carrero
____ Dee Carroll
____ Ann Cartwright
____ Jeremy Cash
____ Sara Catropa
____ Joanne Certo
____ Lydia Chapman
____ Lisa Chentfant
____ Karen Chubb
____ Magalys Ciccosanti
____ John Clements
____ Claudette Clennon-Pitman
____ Laura Cohen
____ Marjorie Cohen
____ Patricia Cole
____ Sandra Collado
____ Wanda Collazo
____ Patricia Colombo
____ Janet Connolly
____ Peg Connolly
____ Tiffany Conroy
____ Lisa Contreni
____ Arianna Corretier Pineiro
____ Carol Cortina
____ Elizabeth Coveney
____ Cheryl Cresta
____ Johanna Cutolo
____ Keri Cuyler
____ Ellen Czerwin
____ Dom D'Achille
____ Russell D'Amico
____ Sonia D'Andrea
____ Kimberly D'Arcangelis
____ Fran Stavola Daly
____ Jennifer Dasch
____ JoAnn Davis
____ Danielle Dawson
____ Sheri DeMarco
____ Denise Demick-Case
____ Stephanie DePalma
____ Rebecca Detora
____ Kelly Diamond
____ Patrick Diffley
____ Vivian Dillon
____ Catherine DiSiervi
____ Angela Dittmar
____ Ian Dougherty

____ Shevaun Dowd
____ Susan Drungould
____ Barbara Duddy
____ Heather Duke
____ Ira Dunne
____ Michelle Eason
____ Anna Evanoff-Viruet
____ Betsy Faden – Qureshi
____ Marietta Fairchild
____ Roslyn Feinerman
____ Judith Ferrara
____ Patricia Ferreira
____ Mimi Fierle
____ Susan Fischgrund
____ Daniele Fish
____ Laurence Fleming
____ Luis Flores
____ Stacey Francis
____ Cristine Franco-Glykas
____ Elizabeth Frasca
____ Sharon Fulfrost
____ Judy Furman
____ Phyllis Fusco
____ Robin Gallagher
____ Elizabeth Gardner-Cuer
____ Brina Gartner
____ Kelly Garvin
____ Lillian General-Lee
____ Elena Geonie
____ Tim Giancola
____ Janet Girgus
____ William Girvan
____ Matt Gold
____ G. Golightly-Hendricks
____ Catherine Gooch
____ Maria Granfield
____ Joan Green
____ Fred Greenblatt
____ Jenny Greene
____ Kristin Greene
____ Bonnie Gregoire
____ Linda Grosso
____ Charlene Grumet
____ Jeanine Guadi
____ Paulette Haller
____ Barbara Halter
____ Jennifer Hayes
____ Teresa Hearn
____ Wendy Heretyk
____ Jean Hesler
____ Rachel Hill

____ Lynn Hiller-Gold
____ Renee Hines
____ Katherine Hollay
____ Genalin Holz
____ Denise Horton
____ Richard Howitt
____ Bethany Humphrey
____ Virginia Hutchins
____ Jennifer Hyatt
____ Kirstin Impicciatore
____ Judy Isaksen
____ Linda Isele
____ Joan Jetter
____ Yvonne Jones
____ Holly Joslin
____ Elizabeth Kad
____ Nancy Kaszynski
____ Susan Kaufe
____ Krystal Kauffman
____ Nancy Kaufman
____ Joan Kay
____ Isabel Kellerman
____ Debra Keville
____ Sheri Key
____ Larisa Khazanovich
____ L. Khutoryanskaya-Peyser
____ Kimberly Kiernan
____ Jean Knowles
____ Danielle Kosak
____ Dianna Kreisler
____ Nancy Kritzer-Berlin
____ Robin Kunstler
____ Jennifer Lacoff
____ Fran Lamendola
____ Sue Lance
____ Janet Larghi
____ Lisa Larson
____ Janine Lawler
____ Natalie Lebnikoff
____ Reginald Lebron
____ Rebecca Lee
____ Rick Leeds
____ Charles Leitch
____ Rebecca Lesnik
____ Sara Lester
____ Shira Levey
____ Linda Levin
____ Gail Levine
____ Bette Levy
____ Janet Listokin
____ Vincent Lo Re

____ Julie Loiacano
____ Heather Lott
____ Rebecca Loveland-Detora
____ Mary Grace Lynch
____ Cathlynn Magans
____ Robin Mahon
____ Daniel Maloney
____ Danielle Marxer
____ Janet Mayrsohn
____ Mindi Mazin Salvo
____ Grace McAuliffe
____ Sarah McCauley
____ Colleen McCoy
____ Lindsay McKee
____ Karen McKernan
____ Dorothy McNamara
____ Robin McNeal
____ Mary McVicar
____ Lynda Megura
____ Jen Melitski
____ Pamela Memmelaar
____ Justin Merkey
____ Tiffany Michalski
____ Debra Milianta
____ Andy Miller
____ Michael Mintz
____ Kathleen Mirrione
____ Marie Mitman
____ Noelle Molloy
____ Janice Monroe
____ Dana Moore
____ Theresa Morale
____ Thomas Moran
____ Colin Moskowitz
____ Kristin Mullins
____ Gail Mulrooney
____ Antonio Muniz
____ Joe Murawski
____ Karen Nash
____ Linda Newby
____ Cathy Nook
____ Young W. Oh
____ Elaine Ostrowski
____ Michael Pagano
____ Shana Palmer
____ Eunsik Park
____ John Patterson
____ Ellen Pearl
____ Anne Pelisson
____ Lois Pellegrino
____ Kristen Marie Peloso

____ Daniel Perreault
____ Frima Peters
____ Melissa Phillips
____ Russ Pikell
____ Cindy Pizzuco
____ Joe Pizzuto
____ Jean Pokrzyuka
____ Esfira Polishchuk
____ Carol Pothier
____ Mary Beth Pozzuto
____ Daniel Quilty
____ Julie Ralston
____ Jessika Ramie
____ Bert Rappaport
____ Terri Rappaport
____ Sharon Rappaport
____ Soukhy Rasasack Luz
____ Terttu Rastas
____ Jennifer Reed
____ Alice Regina
____ Michele Reitano
____ Arlain Renacia-Bruce
____ Heather Reynolds
____ Jennifer Richar
____ Hank Riegel
____ Bob Riley
____ Ada Rivera
____ Irma Rivera
____ Marvelyn Rivera
____ Janet Robertson
____ Charles Robillard
____ Julie Rocuzzo
____ Lillian Rodriguez
____ Mary Roeill
____ Myra Roman
____ Susan Roth
____ Rose Rothe
____ Mary Ellen Rury
____ Kristin Russell
____ Diane Sabella
____ Lucille Safir
____ Fran Samberg
____ Rosemaria Sansalone
____ Karen Schaham
____ Cynthia Schneider
____ Bonnie Schuler
____ Catherine Scoons
____ Valerie Secor
____ Kristin Seely
____ Lora Serra
____ Dyann Serravillo

____ Lenora Sfeir
____ Edith Shapiro
____ Gladys Sheridan
____ Deborah Silver
____ David Simon
____ Daria Skuza
____ Fran Sonuston
____ Charles Sourby
____ Theresa Spitzer
____ Laura Stein
____ Deborah Stricoff
____ Yelena Sudarikova
____ Bob Sweet
____ Lisa Swerdlow
____ Cynthia Taublib
____ Sandy Taylor
____ Jana Teagle
____ Pauline Thomas
____ Marie Tocyloski
____ Corinne Tomlet
____ Sarah Tonon
____ Maria Tramontana
____ Mary Kate Tusinski
____ Nancy Vander Molen
____ Hope Velez
____ Stephen Victory
____ Bobbi Vogel
____ Cynthia Volack
____ Vanessa Von Seggern
____ Jacqueline Vougiatzis
____ Julie Wagner
____ Dr. Frances Wallach
____ Louise Washington
____ Victoria Washington
____ Gail Weinstein
____ Judith Weiss
____ Danielle Westbrook
____ Beth Whitbeck
____ Robert Whitbeck
____ Toiyuco Wiles
____ Riva Wilkins
____ Daryl Willenbrink
____ Charlynn Willis
____ Fred Wilson
____ Susan Wilson
____ Chani Wright
____ Laurel Wright-Allen
____ Christine Zaba
____ Patricia Zak-Kearon
____ Other _____
____ Other _____

~Resort Information~

In order to exceed your expectations, all of Hudson Valley Resort & Spa's 275 guest rooms and suites have been fully refurbished to offer both comfortable surroundings and modern conveniences. In-room amenities include Internet access, marble bathrooms, coffee makers, hair dryers, iron & ironing boards, and more. To further enhance your stay, golf views and balcony rooms may be purchased upon request, at an additional expense. The hotel also offers 57 additional guest rooms which are more economical and do not offer all of the other amenities. Winter, summer, spring or fall, at the Hudson Valley Resort & Spa, there's always plenty to do. In addition to the 18-hole championship golf course and full-service spa, there's also indoor & outdoor swimming pools, tennis & basketball courts, miniature golf, nearby horseback riding and boating, hiking, mountain biking, snow tubing, cross-country skiing, outdoor ice skating, winery tours, shopping, and even great activities for kids at the Kidz Klub. For more information, please visit www.hudsonvalleyresort.com

Directions

BY CAR

From the South: New York State Thruway (I-87) north to exit 18-New Paltz. Turn left on Rte. 299. Go 6 miles to the end & turn right on Rte. 44/55. Go 8.5 miles; turn right at the sign for HVR&S onto Lower Granite Rd. Go one mile to the stop sign and turn left. HVR&S is 1/2 mile ahead on the left. I-84 will bring you to the NYS thruway (I-87). Then follow the directions above.

From the North: New York State Thruway (I-87) South to exit 19-Kingston. Take Rte. 28 (Pine Hill) to Rte. 209 South (Ellenville). Go 18 miles & turn left on County Rte. 27 in Accord. Go 0.2 miles, turn right onto Granite Rd. HVR&S is 2.3 miles ahead on the left. I-90 will bring you to the NYS Thruway (I-87). Then follow the directions above.

From the East: Rte. 17 West (future I-86) to Exit 113-Ellenville/Wurtsboro. Turn right onto Rte. 209 North. Continue 6 miles past Ellenville & turn right onto Rte. 44/55. Go 1.5 miles & turn left at the sign for HVR&S onto Lower Granite Rd. Go one mile to the stop sign and turn left. HVR&S is 1/2 mile ahead on the left.

From the West: Rte 17 (future I-86) East to exit 113-Ellenville/Wurtsboro. Turn left onto Rte. 209 North. Continue 6 miles past Ellenville & turn right onto Rte. 44/55. Go 1.5 miles & turn left at the sign for HVR&S onto Lower Granite Rd. Go one mile to the stop sign and turn left. HVR&S is 1/2 mile ahead on the left.

BY AIRLINE

Stewart International Airport is only 45 minutes away. Check with your carrier for scheduled flights.

BY BUS

Short Line Bus has scheduled service from Port Authority Bus Terminal in NYC to Kerhonkson.

~General Information~

Sessions/Times Subject to Change:

All sessions and times listed are subject to change, rescheduling or cancellation. Please check your registration packet for any updates to the conference program you received prior to the conference.

Recommended Dress:

Casual Business attire is recommended for the NYSTRA Annual Conference. Consider bringing a sweater or jacket for sessions as temperatures within meeting facilities vary.

No Smoking Policy:

There is no smoking allowed in educational sessions or meal functions. Please smoke in designated areas of the hotel.

Responsible Drinking:

Recognizing the social component of conferences and the potential for alcohol abuse, NYSTRA encourages responsible drinking. All NYSTRA sponsored socials provide non-alcoholic beverage options. No alcohol will be served to anyone under the age of 21.

Children:

NYSTRA welcomes children at the conference; however, conference educational sessions are designed for a professional audience. Please plan accordingly and do not bring small children or infants to educational sessions.

Registration/Payment/Cancellation Policy:

All attendees and speakers at the NYSTRA annual conference are required to register and pay the appropriate fee. Please use the Registration Form and mail prior to the conference. You will be mailed a confirmation card when your registration is received. If you are paying with a purchase order, please mail your registration form in advance and indicate that you are paying with a purchase order. Early registration is recommended. On-site registration will be available.

Cancellation refund requests must be in writing. Cancellations postmarked on or before 14 days prior to the conference will be assessed a \$20 processing fee. Cancellations received after 14 days but prior to start of conference will be assessed a 25% processing fee. NO refunds for cancellations received after the conference begins or for "No Shows."

Please do not mail your registration form after April 2, 2005. You should register on-site after this date.



In Memory

*This year's conference is
presented in memory of
Kim Kiernan, CTRS,
whose dedication to the growth and future
of the Therapeutic Recreation profession
and the New York State Therapeutic Rec-
reation Association
will be dearly missed and
always cherished.*